



Zone Cross Country winners!

On Thursday 9 May 2019, 57 Vincentia High School students travelled to Willandra Farm, Cambewarra to compete in the annual Zone Cross Country event. For the first time in Vincentia High School history they came out overall winners beating the other 5 Shoalhaven Zone High Schools! Well done, we are so proud!

This amazing overall success was made possible by some outstanding individual results of the following students qualifying for the Regional and all Vincentia High School students who competed on the day.

Aiden Marks 2
Craig Rowley 4
Byron Morris 6
Callum Rowley 7
Jude Lenard 10
Isaac Brown 11
Ellie Crangle 3
Kirrily Ward 6
Makelle Triffett 11
Sahara Spiteri 12
Jack Baker 3
Kingsley Smith 4
Laylah Connelly 3
Jodie Brooks 10
Seth Kingma 1
Brae Denham 6
Bianca Jones 6
Jake Pepper 1
Duncan Wilson 9
Kioni Corton 2
Ella Hewson 4
Henry Gray 3
Sam Lee 6
Rielly Matthews 10
Lily Wheeler 1
Sage Triffett 4
Tegan McKay 6
Alyssa Head 10
Jeremy Head 6
Zach Hind-Langwade 11
Tilhaney Grainger 5



What's happening in TAS?

\$1000 to support STEM/iSTEM/Cyber security programs

Mr Bill Donohue applied for a \$1000 grant through the NSW Cyber Security Network (NSWCSN), workforce development program. The NSWCSN, identified Vincentia High School as enthusiastically leading the way with STEM/iSTEM, through our implementation of curriculum frameworks within a NSW secondary school. We are one of eighty schools across the State to be given \$1000 to spend on teaching resources and infrastructure to help teachers deliver cyber/STEM subjects that will inspire students to take up careers in cyber security. The Technical and Applied Science (TAS) Faculty at Vincentia High School, strive to be the leaders in STEM/iSTEM projects, by providing incredible opportunities for our students to gain the necessary skills for future employment. Online course are also available to students interested in cyber security, see Mr Donohue for more information.

Wreck Bay Community lectern

Mr Donohue and his Year 11 & 12 VET Metals and Engineering class are using the Plasma cutter to make a lectern based on Lauren Allen's, Year 12 Band 6 Design & Technology work from 2019. Wreck Bay Community made a request for one after seeing ours on stage. The class is working with Clontarf students on the logo design for the lectern which will be unveiled at the NAIDOC Day celebrations.

New outdoor seating

Mr Warner's Year 12 Construction class have formed up for concrete slabs to be poured for more playground seating to be installed. The new seats will be constructed by our Metals and Engineering class.

Paddock to plate-grown and thrive unit

Ms Boyce and her Year 7 class are planting herbs and vegetables as part of their Paddock to Plate - 'grow and thrive' technology unit. They will harvest and use the fresh produce in a practical cooking class later in the term.

Volunteering at community events

Mrs Morris, Ms Boyce and their phenomenal team of hospitality and food tech students volunteered at 2 major events for the SeeChange Winter Arts Festival; Chefs from the Shoalhaven and Meet the Chef. Di Laver from the Huskisson Jervis Bay Food Network offered our students the opportunity to work alongside some of the best Chefs in the Shoalhaven. The students gained valuable skills and made excellent connections in the hospitality industry.



Ex-student, Morgan Corby returns to do her practicum

My name is Morgan Corby and I am a pre-service music teacher currently undertaking my final practicum here at Vincentia High School. I am a former student from the classes of 2004-2008 and I have a passion for this school. Walking back in after 10 years of being away was incredible and quite emotional as I met up with many of my past teachers who made me feel very welcome. This school will always have a special place in my heart as this is where my passion for music and singing began. Over the years I have had opportunities to perform alongside big names like Guy Sebastian and Samantha Jade, perform in front of massive crowds at the Royal Sydney Easter Show in the main stadium and travel to Estonia to perform in the national song festival. All of this was possible because I had incredible music teachers when I was a student at VHS, who believed in me and inspired me to pursue my passion for performing. I strive to be that type of teacher and role model every time I step into the classroom in my future career as a music teacher.



SAT 8 JUN
9AM - 12PM

CARBOOT SALE

2019 VHS FUNDRAISER

Have a clean-out and help us raise funds to support VHS students' trek and service project in Cambodia!!!

@ Vincentia high
school carpark

CAR BOOT \$20
TRAILERS/STALLS \$30

Sellers arrive
8:15-8:45 for a spot





Invitation

Subject Selection 2020 Year 9 and Year 11 Students

Dear Parents and Carers of current Year 8 and Year 10 Students 2019,

You are invited to attend our

2020 Year 9 and Year 11 Subject Selection Information Evening for 2020 students,
on Monday 24th June 2019 in the Hall at Vincentia High School.

5.30pm-6.15pm 2020 Year 9 and 6.30pm-7.30pm 2020 Year 11.

The evening includes:

- Introduction to the evening
- Information Session
- Subject Choice Expo

We look forward to seeing you there.

Simon Flanagan
Deputy Principal Year 8

Sharon Starkey
Deputy Principal Year 10

3rd June 2019

Celebrating our school spirit!



The values of Vincentia High School are

Respect, Responsibility & Personal Best

This weeks recipients are:

Indiana Graham

Jack Stanwell

Trinity Phillips

Tili Snelling

Oliver Halls

For their outstanding engagement with the YAM Program

These values can be shown in many ways within the school community.

It is these actions of our students we, as a school, are proud of and wish to acknowledge.

Each week during the Wellbeing period students from any year, will receive a FREE movie ticket to the Huskisson Cinema as recognition of their Vincentia High School spirit.

Buying? Selling? Renting?

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- House Price Report
- Rental/Investment Property Report

Call us today on 02 4441 7771

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Jervis Bay

4441 7771

St Georges Basin

4443 6389

Nowra

4464 1966

Integrity Strata

4423 5028

integrity
real estate

Tickets have been very generously [donated](#) to the school by

**Integrity Real Estate Jervis Bay
and Huskisson Cinema**

in recognition of our school values.

Congratulations to our winners!



raisingchildren.net.au
the Australian parenting website

Raising Children tips

Brain development – teenagers Adolescence can be a risky period for mental health problems. On top of environment and genes, teenagers go through many changes and challenges in a short period of time. This all happens while teenage brains are still maturing. Staying connected with your child can keep you attuned to how they're thinking and feeling. Even though it can be uncomfortable to do, talking things through when you suspect there may be a problem can show them they are not alone. Read more on this topic at <https://raisingchildren.net.au/>, a free online resource developed by experts for Australian parents.

STUDY SKILLS TIP FOR JUNE: IMPROVING TYPING AND HANDWRITING SKILLS

So you don't have much homework tonight? Assignments and study notes up to date? Have you ever thought about spending a bit of time each night learning touch typing?

- Touch Typing is when you can type without looking at the keys while you type. This means you can type much faster than if you had to look and see where each key is, and it means you can keep looking at whatever it is you are typing instead of the keys.

This is an incredibly useful skill to develop – it will help you at school and later in life as well, improving your efficiency and speeding up work on assignments and essays.

On www.studyskillshandbook.com.au there is a section to get you started on your journey of learning touch typing.

Click on unit Technology Tools and on the Learning Touch Typing page you will find links to lots of free software to help you develop your touch typing skills as well as some great tips to get you started. There is also a discount voucher to the professional TypeQuick course. Being able to touch type will definitely make life easier for the students in the senior years and beyond. 10 minutes practice a day could end up making a big difference.

But **don't neglect your handwriting skills either**. As long as you have to submit handwritten work or handwrite for tests and exams it is also important to improve the legibility and speed of your handwriting. Go to www.studyskillshandbook.com.au and visit the Writing Skills unit and click on the Improving Handwriting section. You'll find some excellent strategies for improving your handwriting as well as some special pens that can assist you with this such as the RingPen.

User name: VHS Password: student

Schedule of School Route Service Changes

New School Route Numbers & Names – Shoalbus

(effective from 3 June 2019)

Morning School Routes			Afternoon School Routes		
Old Bus Number	New Bus Number	New Route Name – Mornings	Old Bus Number	New Bus Number	New Route Name – Afternoons
1	S446	Berrara to Nowra via Sussex Inlet	1a	S446	Sussex to Berrara
2	S502	Sussex to Nowra Schools	2a	S502	Nowra Schools to Sussex
3	S503	Sussex to Gerringong via Nowra & Berry	3a	S503	Gerringong to Sussex via Berry & Nowra
4	S448	Sussex to Vincentia	4a	S448	Vincentia to Sussex
5	S505	Sussex to Ulladulla	5a	S505	Ulladulla to Sussex
6	S506	Badgee to Vincentia	6a	S506	Vincentia to Badgee
7	S449	Wandandian to Tomerong Schools	7a	S449	Sussex to Wandandian
8	S508	Nowra to Sussex	8a	S508	Sussex to Nowra
A	S510	Nowra to North Nowra	A1	S510	North Nowra to Nowra
B	S511	Berry to Bomaderry	B1	S511	Nowra to Berry via Bomaderry
C	S512	North Nowra to Shoalhaven Heads via Bomaderry	K1	S512	Nowra to Shoalhaven Heads via Bomaderry
F	S513	Bomaderry to North Nowra	F1	S513	North Nowra to Berry via Bomaderry
G	S514	Berry to Bomaderry via Foxground	O1	S514	Berry to Foxground
H	S515	Gerringong to Nowra via Bomaderry	H1	S515	Nowra to Gerringong via Bomaderry
I	S516	Shoalhaven Heads to Bomaderry	I1	S516	Nowra to Shoalhaven Heads via Bomaderry
J	S517	Berry to North Nowra via Nowra & Bomaderry	C1	S517	Berry to North Nowra via Nowra & Bomaderry
K	S519	North Nowra to Cambewarra via Bomaderry	G1	S519	Cambewarra to North Nowra via Bomaderry
L	S445	Berry to Bomaderry via Far Meadow	L1	S445	Nowra to Shoalhaven Heads
N	S521	North Nowra to Bomaderry via Nowra	J1	S521	Nowra to Bomaderry via North Nowra
O	S522	North Nowra to Nowra via Bomaderry	N1	S522	Nowra to North Nowra via Bomaderry
R	S524	Shoalhaven Heads to Bomaderry	R1	S524	Shoalhaven Heads to Berry via Bomaderry
W	S447	Berry to Coolangatta	W1	S447	Coolangatta to Berry
Y	S525	Shoalhaven Heads to Nowra via Bomaderry	Y1	S525	North Nowra to Bomaderry
Regular Services (effective from 1 June 2019)					
Old Bus Number	New Bus Number	New Route Name (Inbound)			New Route Name (Outbound)
705	130	Gerringong to Nowra via Gerroa, Berry & Nowra TAFE	"	"	Nowra to Gerringong via Nowra TAFE, Berry & Gerroa
709	139	Shoalhaven Heads to Nowra via Bomaderry Station	"	"	Nowra to Shoalhaven Heads via Bomaderry Station
721	131	Bomaderry to Nowra via Bomaderry Station (Loop Service)	"	"	Bomaderry to Nowra via Bomaderry Station (Loop Service)
722	132	North Nowra to Nowra (Loop Service)	"	"	North Nowra to Nowra (Loop Service)
735	135	Berrara to Bomaderry Station via Sussex Inlet, Tomerong & Nowra	"	"	Bomaderry Station to Berrara via Nowra, Tomerong & Sussex Inlet

Sentral is going to the Cloud on Friday 24 May 2019

New Portal access information for parents and students

Access to Sentral and the student/parent portal will be down from 3pm Friday 24 May, as it is being moved to the cloud. This could take up to a day to be completed.

The new parent and student address once completed is:

<https://vincentiahs.sentral.com.au/portal>

Using our Vincentia High School Website, you will also be able to access the new portal link from Saturday 25 May, here is the direct link to that page:

<https://vincentia-h.schools.nsw.gov.au/about-our-school/page-links.html>

School Bus Travel

Dear Parents

As of the 29th of April 2019, students travelling on a school bus to and from school are required to have a valid school bus pass for the school bus service they are catching. If a valid school pass cannot be shown a fare will be charged. In the event the school bus pass is lost, some form of student ID is to be shown whilst obtaining a replacement pass (fees apply). You can help make your child's school bus journey more pleasant by ensuring your child has a valid school bus pass and presents it to the driver on boarding the bus morning AND afternoon. Parents are reminded that the School Free Travel is only valid from home to school as per the conditions on the back of the pass. Fares will be charged for all other journeys.

If you are yet to apply for a bus pass or your details have changed eg: address, please go to www.transportnsw.info/school-students alternatively you can call the transport info line on 131 500.

If you have any questions in regards to the correct school bus for your child to catch, please contact the appropriate company:

Kennedy's Bus Service:	Ph: 4421 7596
Nowra Coaches:	Ph: 4423 5244
Shoal Bus:	Ph: 4423 2122
Stuart's Coaches:	Ph: 4421 0332

Careers and Job Vacancy Website

Careers Advisor Mrs McNeil has set up a special website for everything to do with careers and job vacancies. A link to this site can be found on the Vincentia High School Website under the Supporting our Students > Careers tab. The site will include the careers newsletter and be updated weekly, you can make it your one stop shop for careers news!

The website link is:

<http://www.vincentiahighschoolcareers.com/>



CLEANERS REQUIRED

We are looking for reliable cleaning staff to work at local Government sites in and around the surrounding area, various positions available.

Experience preferred but not essential.

Training and uniform provided.

Please send your résumé to

Simon.turner@jossgroup.com.au

Ph: 0447800052 between 8:00am – 4:30pm Monday to Friday

A working with Children Check is required for this position

Term 2, 2019

Thursday 06/06/2019

- ☞ CLONTARF Rugby League Carnival Griffith Harley Grundy, Carl Planicka
- ☞ Pet Therapy & My Story Matters IRT St Georges Basin Yr 7-12 pds 1 to 4 Mrs Whitehouse
- ☞ Gumbari - Terara Farm visit
- ☞ Gumbari Mural Painting
- ☞ Gumbari Shoalhaven Head Golf Crew
- ☞ Year 8 Camp Cockatoo Island

Friday 07/06/2019

- ☞ CLONTARF Rugby League Carnival Griffith Harley Grundy, Carl Planicka
- ☞ Regional Cross Country Willandra Ms Amor
- ☞ Gumbari Unicorn Cheese

Monday 10/06/2019

Tuesday 11/06/2019

- ☞ Water Safety Support B&B Leisure Centre Collingwood Beach pds 3 & 4

Wednesday 12/06/2019

- ☞ Wakakirri Practice day Vincentia High School Ms Nolan Mr Raftery

Thursday 13/06/2019

- ☞ Pet Therapy & My Story Matters IRT St Georges Basin Yr 7-12 pds 1 to 4 Mrs Whitehouse
- ☞ Future Finders Day Vincentia High School all day Mrs McNeil
- ☞ Gumbari - Terara Farm visit
- ☞ Gumbari - Shoalhaven Heads Golf Crew
- ☞ Gumbari Mural Painting
- ☞ Support Sailability

Friday 14/06/2019

- ☞ Gumbari - Unicorn Cheese Visit
- ☞ Zone Athletics

Monday 17/06/2019

Tuesday 18/06/2019

- ☞ Zone Netball
- ☞ Child Studies volunteer Day Vincentia Market Place Ms Amor
- ☞ Water Safety Support B&B Leisure Centre Collingwood Beach pds 3 & 4

Wednesday 19/06/2019

- ☞ Coondoo Classic

Thursday 20/06/2019

- ☞ Coondoo Classic

SCHOOL CONTACTS

K Bates	Principal
S Starkey	Deputy Principal (Years 7 & 10)
S Flanigan	Deputy Principal (Years 8 & 11)
K Newton	Deputy Principal (Rel) (Years 9 & 12) H/T Senior School
S Clark	Deputy Principal Support & Special Programs
T Johnson Warnecke	School Administration Manager
M McNeil	Careers Advisor/VET
P Greyling	Head Teacher Teacher and Learning
M Swanson	Head Teacher Admin Teachers
G Hobbs	Head Teacher Wellbeing
G Brindley	Head Teacher Admin (Students)
J Holloway Fry	Head Teacher English (Rel)
J Still	Head Teacher Mathematics (Rel)
K Tololeska	Head Teacher Science (Rel)
L Ryder	Head Teacher CAPA
E Salahi	Head Teacher HSIE
A. Newton	Head Teacher TAS
P Raftery	Head Teacher PDHPE
M Amor	Head Teacher Sport
M Goerlach	Head Teacher Support (Rel)
J Scott	Head Teacher Gumbari
T Smith	Head Teacher LaSP
K Lane	Head Teacher Ganya Garindja
C Burnett	School Counsellor
K Rees	School Counsellor
G Brown	Aboriginal Education Officer Ganya Garindja
C McIntyre	SRC Coordinator