

# Clontarf Newsletter

Term 2

Southern Shield

Vincentia Eagles Vs Matraville





## ABOUT THE ACADEMY

The Vincentia Clontarf Academy was founded in 2019 and operates out of Vincentia High School. It caters for students in Years 7 to 12 and currently has 103 boys engaged in the programme.

## ABOUT THE FOUNDATION

The Clontarf Foundation exists to improve the education, discipline, life skills, self-esteem and employment prospects of young Aboriginal and Torres Strait Islander men and by doing so equips them to participate meaningfully in society.

## SCHOOL DETAILS

Vincentia High School  
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(02) 4441 6766

## STAFF CONTACTS

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## Message from the Director

What a great term!

The Vincentia Clontarf Academy has achieved so many great things in Term 3. Boys have been making a big effort to get up and attend morning training sessions in the cold winter weather, applying this same work ethic to all facets of school life. We have had a number of different camps, including seniors attending a super training in Sydney, spectating at various NRL and NBL games and rugby league carnivals. Our afternoon sessions have also been a hit, especially with three of our senior members studying hard and obtaining their learner license permits. This is a great achievement as this will set them on their path to independence and employability.

Mother's Day this term was also very special, with a beautiful morning tea. We had the privilege of hosting 10 of our lovely mums to say thank you for all of the love and support they provide us with.

Once again, the sporting talent was on display this term, with our Junior team taking out the South Coast region rugby league carnival in Queanbeyan. Despite the freezing cold temperatures, they carried the flag proudly for the Vinnie Eagles bringing home the trophy. Our senior Ben Ebzery was also selected in the senior NSW rugby league team, a great achievement given the wide range of talent to choose from. We are incredibly proud of Ben, not only for his sporting ability but the effort and enthusiasm he brings each day to lead the academy.

Adding to the excitement of our sporting accolades is the newly established Southern Shield rugby league competition. The home games at the Nest have really sent a buzz and exciting atmosphere throughout the entire school. We are so grateful for the school, community and families for getting behind our boys and showing up to support them. The crowds have been electric and we feel this positive vibe has helped to boost school pride and morale, with our Academy boys leading the way.

We hope you enjoy the 2nd edition of the newsletter!



# Southern Shield

This term the southern NSW region introduced the much anticipated rugby league Southern Shield competition. Designed to encourage academy interaction, the Southern Shield required each academy to host home and away games every fortnight.

This term the Vincentia eagles played 3 games, with 1 bye. The first round saw us host the mighty Matto boys in front of a massive crowd. Second round the Eagles went on to beat the Shoalhaven Mud Crabs, with the third round securing another win over Karabar High. The final results from the term saw us finish within the Top 5 of all teams within the Southern Shield.

We can't wait to get back into it and play some top footy in the Vincentia Nest during Term 3.



# Men's Health Week

On the second last Friday of Term 2, the Vincentia academy organised a special event for Men's Health Week. We invited our Fathers, Uncles, Brother and other special male role models to join a Well-Being session, Vinnie Eagle Style. Despite the cold winter morning, the sunrise was absolutely stunning.

After a short walk with plenty of yarns and smiles, we huddled up and discussed what Men's Health Week meant to each of the boys, with some inspirational words from our own senior Ben Ebzery. It was unreal to have our teachers, fathers and positive male role models all come along to the session, showing the amazing support networks our lads have access to.





# 7/8 Rugby League Camp

The Vincentia Academy travelled to a freezing cold Canberra to take part in the South Coast Junior Rugby League carnival. We arrived at camp Cottermouth, a Scouts Australia facility and were immediately greeted by all the other Academies who had arrived ahead of us. The boys quickly set up camp and headed off to hang out with their brothers from the other Academies. It was great to see new friendships forming between different Academies.

The following morning was game day and we were all up early and on our way to what would be a day of football to remember. After a day of outstanding football by all involved it all came down to Vincentia Vs Matraville for the trophy and in what was a very back and forth contest, the Vincentia boys ended up taking out the chocolates to top off what was a spectacular day. Kai Dewis received the player of the tournament award, whilst Lucas Mcleod received the leadership award which were both selected by the Defence Indigenous affairs group. Thor Wilson, was chosen by staff to receive the Clontarf spirit award.



## ADF Visit

Our Academy had two representatives from the ADF visit to run an information session for all things recruitment, working for the ADF, the employment benefits, the job satisfaction and requirements to be eligible to join the ADF.

The presentation got all members pondering their futures and the steps that they would need to take to join the ADF. First and foremost the message from the ADF is they would encourage all students to complete their HSC, as this is an integral step towards applying to ADF recruitment.

We are looking forward to our next collaboration with the ADF, which we will hopefully involve a visit to an ADF site to gain a better understanding of what ADF can offer.



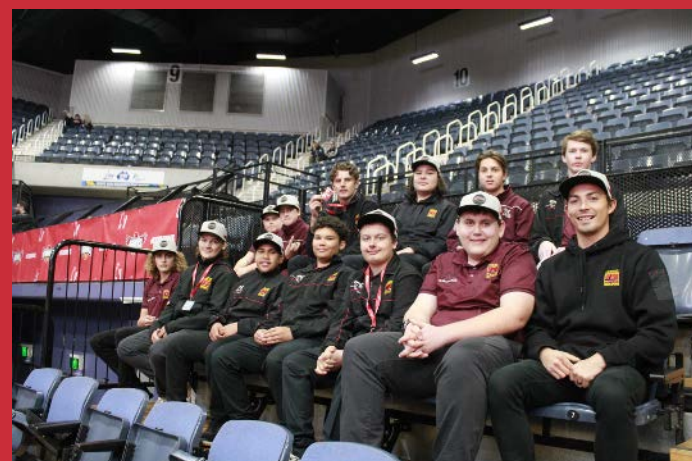
# Year 11 - Super Training Camp



Our year 11 cohort departed for camp at Airds High School to participate in a regional Super Training with our fellow academies. Shortly after arriving we ripped into a Ju –Jitsu session hosted by a local pro athlete. The following morning we left our accommodation to spend the day out and about, with the highlight of our day being Go Karting.

We raced for an intense hour trying to get the fastest lap, in the end staff member Harley took out the trophy. The word getting around after was that Harley had a faster setting on his kart. Later that night we headed for Stadium Australia to watch the Rabbitohs Vs Storm NRL. The Storm ran away with the game by 50 points but we were entertained to watch the Fox (Josh Addo Carr) score four tries in our corner. Early rise for our Morning Training we had four rotations of various sports mingling with other academies, it was a really fun morning had all round. After a massive big breakfast we hit the road back to Jervis Bay.

## Illawarra Hawks Game



Academy members were lucky enough to attend the Illawarra Hawks final home game for the regular season. With our recent connection with the Illawarra Hawks and growing partnership we were treated to some tickets to attend the Hawks V Sydney Kings NBL game at the WIN entertainment centre.

We loaded 12 lucky students into the bus and headed for Wollongong, treating them to a massive feed before we hit the road. The excitement was real amongst the group as we approached the stadium, for some of them this would be their first ever live sports event and the smiles on their faces showed it. With the game underway it didn't take long for the lads to get sucked in by the atmosphere and begin cheering and clapping for the Hawks as if they have been supporters for years.

Unfortunately, the Hawks lost the game, but the boys had a night to remember. With our partnership blossoming we are hoping that next season attending home games will become a regular thing.



# Afternoon Activities

This terms Afternoon activities have really set the tone for the Academy, running four engaging afternoons a week ranging from our big sport on Monday and senior's gym session at the Bay and Basin leisure centre which has really benefitted our older members.

Wednesday afternoons we spend down by the beach playing touch footy or just having a walk engaging in some good yarns down by the water soaking up our surroundings. Thursday afternoon sessions are based on our Learner's Permit. We have a group of members studying on the big screen in the academy, building confidence to attempt their L's test. This has been a great activity, seeing three boys obtain their Learner permits.

The Clontarf Foundation strongly encourage our students to get their license as soon as possible to be able to become a step closer to being independent and employable after school.

Chase got the opportunity to get some much needed hours up with DJ's driver training school



Makai turned up to the L's study session for 5 weeks in a row. We then went and sat the test and was successful.



# Jervis Bay PS Clinic



The Academy's Leadership group which includes Ben Ebzery, Ben Brown, Kaleb Langenegger, Caleb Saunders and Chris Brown stepped out to Jervis Bay Primary School along with Clontarf staff to run engaging and interactive activities for the students.

The plan was to keep it simple and fun, starting with Thumb Wars and Scissors Paper Rock before leading into a game of soccer.

There were plenty of smiles and laughs from the kids and teachers. This is an ongoing engagement with Jervis Bay Public in which we want to continue to help in developing skills, Well-being and assist with the younger fellas who will one day transition into Clontarf Vincentia Academy.





# Mother's Day

Our big day for the special ladies in our lives. The Academy hosted a morning tea at the cottage to show our appreciation for support and love they give to their boys.

It was a great morning getting the opportunity to celebrate with the mother's of the Academy.



## Team of the Term



Lucas Mcleod  
Year 7



Kai Dewis  
Year 8



Brayden Saunders  
Year 9



James Taylor  
Year 11



Kade King  
Year 12



Harley Knight  
Year 10

To be selected in the team of the term, you need to be picked in the team of the week the most during the term. Each week there is a new initiative posted on the board in the Academy room which is the criteria for the week e.g. Attendance, training attendance, Clontarf spirit, Positive behaviour, leadership are some examples

The team of the week counts to team of the term as well as counting towards the Team of the Year. This is a prestigious Team to be a part of and team members are announced and celebrated at the End of Year presentation.