

Services

YILIGA-MIRARAL

At Vincentia High School, we are unique in the way that we can bring the services to you. To enquire about these services and discuss if they would be a good fit for you, contact

Joanne Warren

Wellbeing Services Coordinator
yiliga miraral

Vincentia High School P:44416766 M:0428 809 863



Headspace

For students with a moderate level of anxiety or other mental health concerns, the Headspace youth counsellor is available in the school for ½ day per fortnight, Friday B Week.

The Family Mental Health Support Service (FMHSS) is an early intervention support service for families with children or young people (0-18 years old) affected by, or at risk of developing a mental illness. The focus is to improve the child's wellbeing and work with the whole family to achieve this.



Anglicare

CAMHS
Child and Adolescent
Mental Health Service

CAMHS

Work closely with young people and their families to provide support and specialist treatment when they are finding it hard to cope with family life, school or the wider world. They offer assessment, education and treatment services for a range of mental difficulties. REFERRALS to CAMHS may be supported by the school but are assessed externally.

The Youth Program provides a voluntary service to young people aged 12-18 years offering Clinical Drug and Alcohol Counselling, Health Promotion/Education and Community Development. Alcohol Preventure is a brief intervention for teenagers aimed at improving mental health and preventing drug and alcohol use and other risk-taking behaviours. The intervention targets four personality styles that may place teenagers at higher risk, and has demonstrated effectiveness in reducing mental health symptoms and drug and alcohol related harms.



NSW Drug and Alcohol