



2023

Information Booklet

Respect Responsibility Personal Best

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English

Our faculty is committed to creating dynamic and engaging learning experiences for students. We pride ourselves on a challenging, real-world curriculum that fosters creative and critical thinking. We provide a range of extracurricular activities including creative writing competitions, drama, yearbook, public speaking and debating. Success has been celebrated by our students in the Premier's Debating Competition and various writing competitions.

'I admire people who dare to take the language, English, and understand it and understand the melody'



Mathematics

The mathematics faculty encourages our students to explore how Mathematics is used to understand and explain the world around us. Students develop and build on their current skill level and learn to apply new thinking to mathematical concepts by studying relevant and challenging topics across the curriculum. All students are given the opportunity to engage through differentiated learning and are guided to reach their personal potential in Mathematics. We celebrate the success of our students across all levels of Mathematics.

'Maths is a Spirit of Inquisitive Exploration'



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Science

Studying Science will help students gain a greater understanding of the physical and natural processes within the world in which they live. Through developing scientific thinking and problem-solving strategies, students gain the necessary skills to study science at a senior level. Many students who have undertaken studies in Biology, Chemistry, Physics, Earth and Environmental Science, Agriculture, Investigating Science and Extension Science have achieved outstanding course results and ATARs. This has allowed them to gain access to excellent university courses and successful careers in scientific fields.

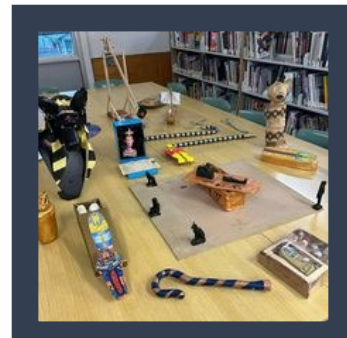
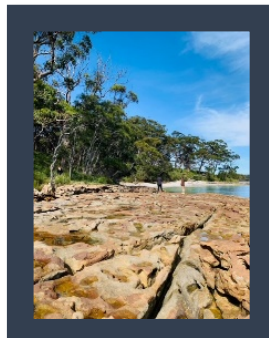
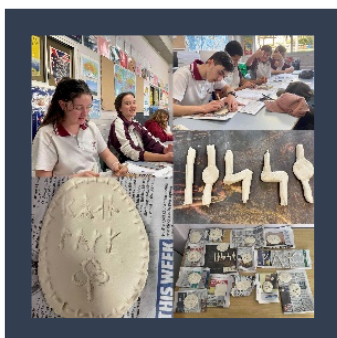
'Science is the magic that works'



Human Society & Its Environment (HSIE)

HSIE is a dynamic faculty dedicated to providing enhanced learning experiences covering all aspects of Geography and History. Students learn about the world wars and study local geographical areas both providing unique learning experiences. Other topics include archaeology, colonisation, Ancient China, Ancient Egypt, Vikings, global connections/technology, coastal landscapes, geomorphic hazards, places and liveability plus much more. As students move through their school years, they will study a wider variety of subjects including Commerce and Elective History.

'History is all explained by Geography'



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Creative & Performing Arts (CAPA)

Our well established CAPA department provides introductory courses in Visual Arts and Music to all Stage 4 students. Students in Visual Arts study a broad range of styles and gain practical experience with a variety of art making materials. In addition, students can take part in many art competitions and exhibitions. Music students gain knowledge in a range of styles as well as practical experience with many instruments. All students are invited to join extension programs including music ensembles. Elective courses are offered in Stages 5 and 6. Creative & Performing Arts students have many performance opportunities at VHS, including our end of year finale 'Showcase' and exhibitions.

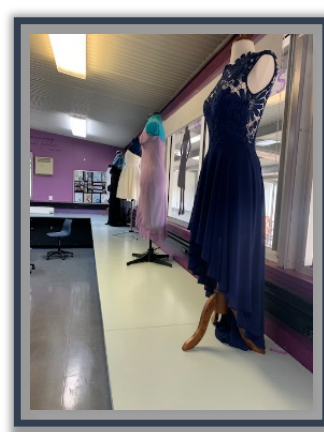
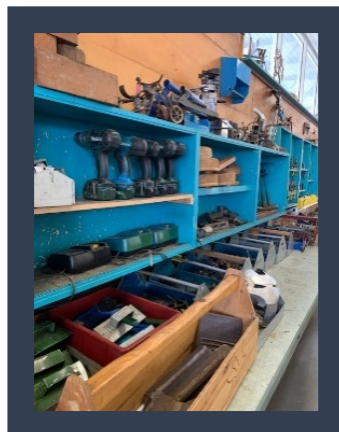
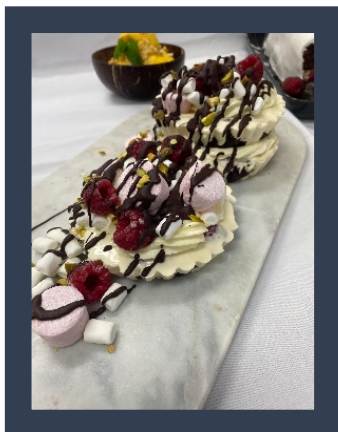
'Music & art gives soul to the universe, wings to the mind and flight to the imagination'



Technical Applied Science (TAS)

Over the course of Year 7 and 8, students will rotate through the many subject areas found in the TAS Faculty. They will take part in exciting lessons in cooking, woodwork, metalwork, electronics, computers, textiles and more. Our aim is for our students to experience as much “hands on” learning as possible, whilst integrating a range of technology. The faculty has recently purchased cutting edge CAD software, a CNC plasma cutter, CNC router, Lego robotics, laser cutter/engraver, dye sublimation printer, embroidery machines and several 3D Printers allowing us to deliver STEM based content.

'The science of today is the technology of tomorrow'



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Sport

Vincentia High students in Year 7-10 participate in regular sport on a weekly basis in a variety of activities including ball, court, and field sports. The school athletics, swimming and cross-country carnivals are held in Terms 1 & 2 of each year and involve all students. Students also can extend themselves in sports such as dance, mountain biking and triathlon. Representative sport teams at Vincentia include touch football, AFL, rugby league, soccer, netball, and basketball as well as individual sports such as golf and tennis. Students can progress through school, zone, regional, state, and national competitions.

'Never say never'

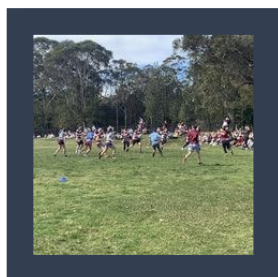
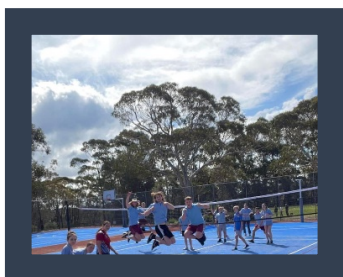


Personal Development/Health & Physical Education (PDHPE)

PDHPE contributes significantly to the cognitive, social, emotional, physical, and spiritual development of students. We represent a broad view of health and physical activity and the many possible contexts in which individuals can build activity into their lifestyle. PDHPE incorporates a wide range of lifelong physical activities including recreational, leisure and adventure pursuits, competitive and non-competitive games, dance plus individual and group physical fitness activities. Health areas include positive lifestyle choices, nutrition, respectful relationships, optimal mental health, and safe living. The development of lifelong skills in PDHPE is central to our philosophy. This includes:

Movement Skills - Fundamental and specialised movement skills and concepts. Tactical and creative movement. Health and fitness enhancing movement. **Interpersonal Skills** - Communication Collaboration, inclusion, and relationship-building. Empathy building. Leadership and advocacy social awareness. **Self-Management Skills** - Strengthening personal identity. Self-awareness. Emotion and stress management. Decision-making and problem-solving. Help-seeking.

'Believe you can, and you will'



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Gumbari

The Gumbari unit's goal is to connect its students to a fun, active and caring learning space where students are encouraged to be courageous learners, developing important life skills to achieve their personal goals. The individual talents and interests of the students are celebrated and explored to develop student confidence and self-esteem. Gumbari aims to make school a positive and meaningful experience for its students to engage them in their learning and provide them with the appropriate skills, knowledge, and attitudes to enable them to transition into the workforce and community to achieve their full potential.

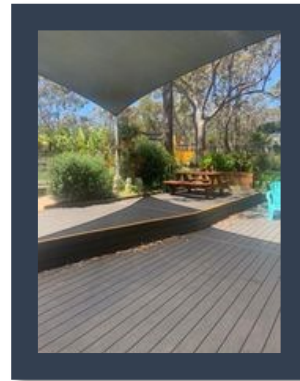
'Never give up, be confident in what you do'



mudjingaal (Support Unit)

Students with a diverse range of learning needs are supported by the collaborative efforts of staff, outside agencies, parents/carers, and the wider community. Together we facilitate individualised planning and implementation of a vast range of academic, vocational, recreational, and social programs. Students can undertake a special program of study following the Life Skills syllabus or alternatively accessing a combination of mainstream and support classes.

'I am still learning' Michelangelo at the age of 87



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Learning and Support Program (LaSP)

LaSP is a highly visible and valued Learning and Support Program operating from our Learning and Support Education Room (LASER) in A Block. The friendly staff of Learning and Support teachers and Student Learning Support Officers (SLSOs) welcome students from Years 7 to 12 and provide direct and timely specialist assistance in regular classes with additional support needs. This includes 'dhugan', LIFT program, tutorial support, individual learning programs, assessment tasks, reading and numeracy programs, in-class support, teacher support and during exam periods. The LaSP Program, through the school's learning and support team, is based on priorities including student safety, the School Plan, and integration funding allocation. SLSOs are also assigned to classes to monitor and support student learning and safety.

'Learning never exhausts the mind'



ganya garindja (Aboriginal Education)

Aboriginal Education is an important part of Vincentia High School. Our Indigenous students enjoy a wide range of cultural programs and activities. The ganya garindja (Shelter for Youth) room is our Aboriginal learning hub where students receive assistance from qualified tutors and teachers. ganya garindja also houses our Indigenous programs including dhaawarri dance and the dhurga language program.

'yanaga-dha gimbanya ba ngarangaal bugiya, nhaway, buraadja'



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dhurga (Aboriginal Languages)

Learning another language fosters students' ability to think and reflect about the workings of language and to develop mental flexibility and problem-solving strategies. It also increases opportunities and abilities to develop interpersonal skills and cultural awareness. The program implements quality teaching and learning to enrich, extend and engage all students to complete the Stage 4 dhurga course.

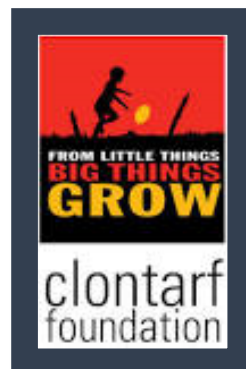
'ba yilinj ganji buraadja buran'



Clontarf

Clontarf provides full time mentoring and support to young Aboriginal men throughout their high school years and assists them with their transition to further training or employment. The mentors counsel students on a range of behavioural and lifestyle issues whilst the school caters for their educational needs. Using a comprehensive approach of supportive relationships, a welcoming environment, and a diverse range of activities, the students develop improved self-esteem and confidence. The Foundation's approach has been highly successful, not only in attracting young men to school and retaining them, but also in having them embrace more disciplined, purposeful, and healthy lifestyles, developing them into respectable young men.

'The dreaming is now, the dreaming is always'



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murigal (Wellbeing)

Wellbeing yiliga-miraral (happy spirit) is the dhurga name for our ever-expanding Wellbeing team including Head Teacher Wellbeing, Year Advisors, School Psychologists, Wellbeing Officers, Wellbeing Teacher, Student Support Officer, WHIN (Wellbeing Health in Reach Nurse) and Youth Insearch Social Worker. The yiliga-miraral team has developed numerous programs and spaces to support students within A Block and the school. These include:

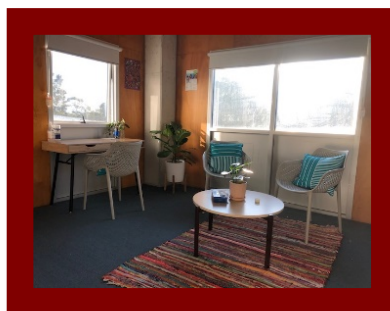
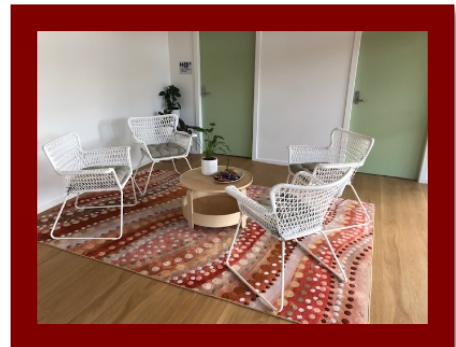
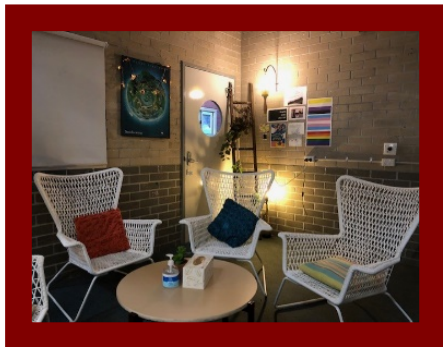
djarambu-ngarn (quiet place) in the bottom of A Block which provides a sanctuary for students who negotiate the level of support required with the Wellbeing Teacher.

djamanj-ngarn (yarning place) also in the bottom of A Block, provides a space for consultations, private space for mediations and group activities.

djamaga ngarn (good place) is the external agency space located upstairs in A Block where students can attend appointments in a private setting.

walawaani-ngarn (welcome place) is a purpose-built school community wellbeing hub for visiting agencies, workshops, meetings and much more.

'Nothing is impossible'



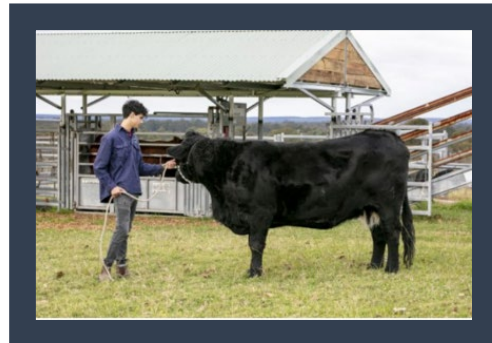
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Careers

Mrs Maree McNeil is our Careers Adviser, she aims to provide the latest information to help students identify the knowledge, skills, and attitudes needed to make sound choices and effectively manage their own careers. Students are encouraged to participate in work experience from Year 9 and Student Based Apprenticeships and Training (SBAT's) and externally delivered (EVET) pathway courses are available for students. The Career office is in the library. Parents and students are most welcome to make contact to discuss work or training opportunities. Mrs McNeil has a Jobs Vacancy Notice Board in the Library, and it is regularly updated.



'Begin somewhere...'

Vocational Programs

Vocational Programs Students in Years 10, 11 & 12 can elect to participate in Vocational Education & Training (VET) at school or Vocational Education and Training via TAFE NSW (TVET). We also offer a School Based Apprenticeship/Traineeship (SBAT) which allows students to undertake paid work and vocational study as part of their HSC pathway.



'Opportunities don't happen, you create them'

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Library

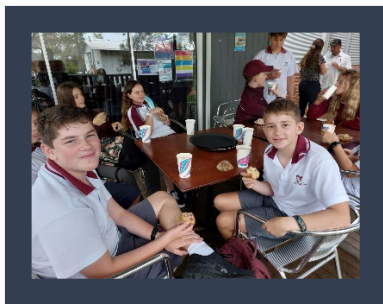
The library supports teaching and learning at the school and is a busy and dynamic learning space throughout the day. It is open to students before school, recess and lunch for individual research and borrowing. The library has an extensive collection of youth fiction sorted into themes: suspense, mystery, action, crime and dystopian future, love, laugh and cry, fantasy, supernatural, science fiction, horror, and graphic novels, and is regularly updated with new release titles. Vincentia High School has timetabled library lessons for all Year 7 & 8 classes, once per fortnight. These lessons focus on Literacy, Reading and IT Skills that assist students with their studies across all faculties.



'In the nonstop tsunami of global information, librarians provide us with floaties and teach us to swim.'

Defence School Mentor Program

Vincentia High School receives funding through the Defence School Mentor Program to employ a Defence School Mentor (DSM). The role of a DSM is to provide specific support and information to Defence students and their families, particularly when transitioning into a new school and during parental absence due to military service.



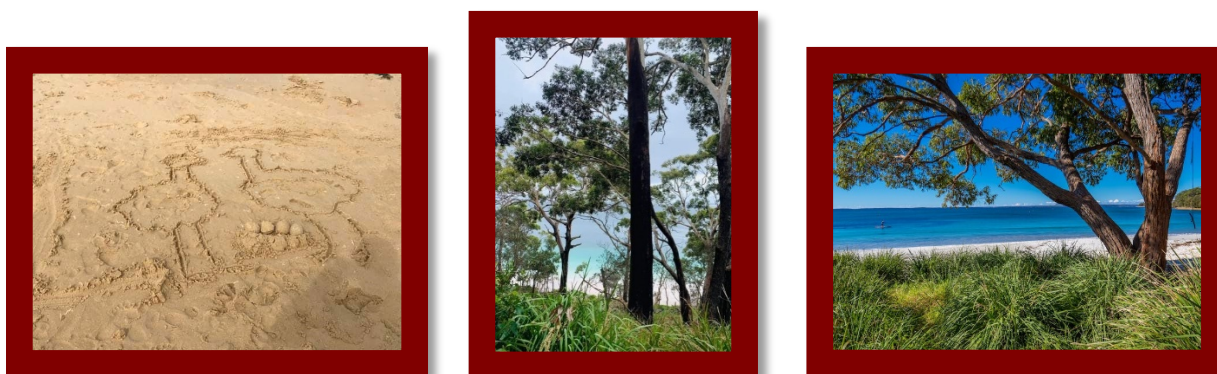
'Learning is a treasure that will follow its owner everywhere.'

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Year Advisor Period (YAP)

Students in Years 7 & 8 will be provided with the opportunity to enhance their social and emotional development through fortnightly contact with their YA. These lessons provide students opportunities to acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set, and achieve positive goals, feel, and show empathy for others, establish, and maintain positive relationships, and make responsible decisions. Wellbeing programs are one of the most successful interventions to promote the positive development of students with research findings supporting students' academic achievement and positive social behaviour while reducing their conduct problems and emotional distress.

'Education is the key to unlocking the world'



Student Representative Council (SRC)

The Student Representative Council is a body of elected student representatives from each year group who meet weekly to have structured discussions on various school issues put forward by themselves or fellow students. Each year the SRC raises awareness and introduces various initiatives for the students which develops a sense of community within our school eg: Breakfast Club. The annual camp provides an excellent opportunity for the students to bond and develop their leadership and team working skills. SRC students are given many opportunities to represent the school and meet with notable members of our community. These opportunities are invaluable to develop students' confidence in speaking publicly.

'One child, one teacher, one book, one pen can change the world.'



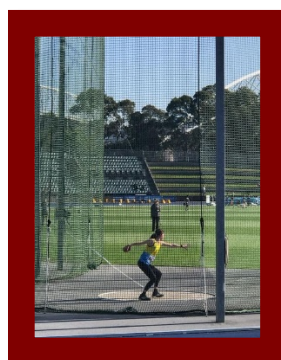
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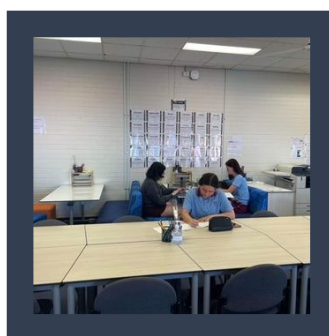
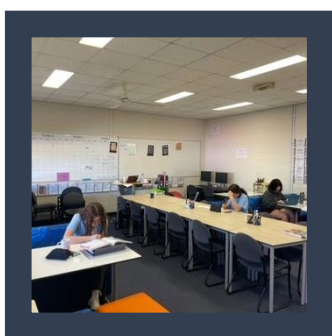
Vincentia High School offers a wide range of additional programs and activities to engage all students. These programs aim to develop and increase employability skills, build confidence, and empower young people as 21st century learners for life beyond school. We also enjoy school camps, swimming and athletics carnivals, Australian Business Week, mountain biking, Sea Eagle Epic Triathlon, Survivor Walk, Showcase, excursions, and many off site inter school competitions. The year finishes with our Presentation Evening and Year 12 Formal.

'School is a building which has tomorrow inside'



Senior Study Centre

The Senior Study Centre (SSC) is a dedicated and holistic learning space which focuses on supporting, inspiring, and mentoring our Higher School Certificate students. The SSC aims to enrich and enhance student success in achievement through efforts of developing effective study habits, assisting students in prioritising, and working towards achieving their personal learning goals, and monitoring student academic and tertiary education progress.



Counsellors

School Counsellors/Psychologists help to support students with their overall mental health and wellbeing. At VHS a teacher may recommend the school counselling service by referring a student to the school's learning and support team; a parent or carer may refer their child directly or students can self-refer. School counselling is confidential.

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Debating

Students in Years 7 to 11 can participate in an outstanding debating program. Mentoring within the school and our community fosters confidence for public speaking. Our debating team has experienced success at regional level in the Premier's Debating Challenge.

In-School Café

Operates each Wednesday and offers Year 10-12 students the opportunity to experience and develop skills in hospitality, customer service and business management.

The Nest

Eagle Awards are presented to students who work towards Respect, Responsibility and Personal Best. Each term, these awards can be 'cashed in' for prizes from The Nest.

Breakfast Club

Monday and Friday mornings 7.30am – 8.10am in the hall: toast, hot chocolate, juice, and cereal.

Games Clubs

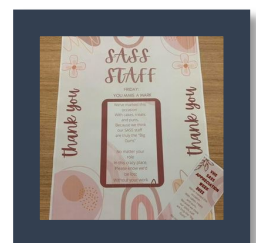
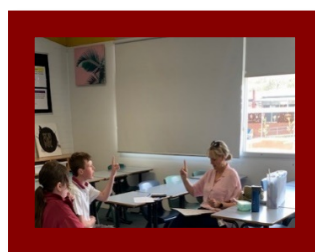
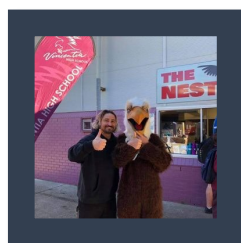
Recess and Lunch Clubs include boxing, old time games, football, music, origami, keyword hand (AUSLAN), chess, bingo and much more for students to enjoy.

Uniforms

Please refer to our school website for information regarding online orders, uniform shop & trading hours.

Administration

SASS administration staff are available during school office hours 8am - 3pm for book pack & calculator purchases, enrolment & attendance information, excursion payments and general enquiries.



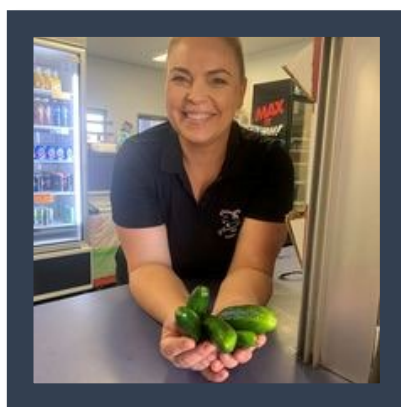
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Parents & Citizens Association (P&C)

Vincentia High School directly benefits from the P&C operated canteen. We meet on Monday of Week 4 each term at 6pm either at school, or via Zoom. Please visit our school's website where we have the P&C page to view previous meeting minutes, agenda, news, canteen menu and contact email for our committee. We are looking forward to seeing new members join this important, rewarding, volunteer committee! Our canteen staff do an incredible job providing affordable meals for our staff and students and enjoy catering for in-house school events. The canteen hosts work placement students from our hospitality faculty during the year. This assists the students to gain skills in a food-based work environment. Successful education of our children is a team effort. We invite all teachers, staff, parents, and carers of Vincentia High to become members of our P&C Committee. A large representative group makes the P&C more effective and contributes to the ongoing success of both the P&C and Vincentia High School. Please contact the P&C via email: vincentiahighpc@gmail.com if you are interested in becoming a member of our committee, or volunteering in our canteen.

P&C Canteen

The school canteen operates by our P&C Committee. Our school canteen donates a significant amount of money to the school each year for a variety of programs that enhance the education of students at Vincentia High School. The canteen follows the 'Healthy Canteen in Schools' policy and offers a wide selection of fresh home-made items. The menu is found on our school website under the P&C and Canteen tab. We use the online ordering system called Spriggy Schools and we have eftpos available. Spriggy Schools will make recess and lunch orders more convenient for both families and the canteen. Steps to get started: 1. Go to www.spriggyschools.com.au to register and download the app. 2. Add a profile for each of your children, making sure you select VINCENTIA HIGH SCHOOL and your child's class. 3. Start placing orders! You can place orders up to 1 week in advance AND UNTIL 9AM ON THE DAY OF ORDER.



'Many hands make light work'

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Please scan this QR code that will take you to the Vincentia High School website where you will find pages and links to our Newsletter, Uniform Shop, Canteen Menu/online orders, P&C Meeting Minutes, Events, Student Handbook, VHS Information Booklet, Facebook posts & link, Defence School Mentor, Clontarf Academy, Wellbeing, and information regarding our faculties.

Vincentia High School is proud to be connected to our local community and to the many organisations who support us.



Ruth Winfield

Principal

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