

VINCENTIA HIGH SCHOOL

EXCURSION INFORMATION

LEARNING FOR LIFE



Activity:	Year 7 Camp 2025	Organiser:	Nicole Higgins, Shanine Moodley		
Purpose:	Year 7 camp will take place at Lake Tabourie Holiday Park. The camp focuses on relationship building and making connections among the new student cohort to foster and sustain lifelong friendships.				
Departing Date and Time:	26/02/2025 8.15am	Returning Date and Time:	28/02/2025 2.20pm		
Water or Swimming Activity:	Please see provided camp list				
Student Dress Code:	Appropriate non school uniform - Please see provided camp list				
Food Requirements:	Morning tea and lunch for Wednesday must be provided by the student. All other meals will be provided				
Additional Requirements:	Please see provided camp list				
Payment Plan:	Payment plans are available but full payment must be received before the camp commencement.				
School Bytes Payment Fee Type	Select: Year 7 Camp				
Supervising Staff	Nicole Higgins, Jonathan Hill, Shanine Moodley, Corey Ryan	Staff with First Aid Training:	Nicole Higgins, Jonathan Hill, Shanine Moodley, Corey Ryan		
Venue:	Lake Tabourie Holiday Park 595A Princes Hwy, Lake Tabourie	Transportation:	Nowra Coaches		
Transportation Cost:		Other Costs:		Total Cost:	\$215
Note to be returned by:	19/02/2025		Money to be paid by:	19/02/2025	
Organiser Signature:		Principal Signature:			

*** In the case of an emergency parents can contact the school office (02) 4441 6766 who can contact staff on the excursion.***

Expectations for Students:

We expect our students to follow our school procedures at all times when representing Vincentia High School within the community while on a school excursion. We ask that students and parents understand the following expectations and acknowledge their responsibility on the permission note attached.

- Students are to be displaying satisfactory levels of behaviour at school prior to the excursion. Any student who has recently served a suspension or who is on Deputy Principal monitoring may be ineligible to attend the excursion.
- Students are to ensure they follow all directions given by staff of The Vincentia High School and/or any other relevant instructor involved in the excursion/off-campus activity promptly and politely.
- Students are to be mindful of other guests, their peers and staff at all times of the excursion/off-campus activity.
- Students are expected to respect the privacy of all participants on the excursion/off-campus activity. Appropriate interactions between students are to be maintained at all times.
- Students are expected to follow all safety procedures.
- If at an overnight excursion, such as a camp, students who repeatedly fail to follow these directions may be asked to leave the excursion. Parents will be notified and will be required to come and pick up their child. Valuables are the responsibility of the student AT ALL TIMES and should be cared for accordingly. Where possible – leaving valuables at home is recommended.

VINCENTIA HIGH SCHOOL EXCURSION PERMISSION NOTE

OFFICE USE ONLY
School Bytes Payment
Fee Type: Wellbeing
Cost: \$215



Please return the entirety of this note to the FRONT OFFICE to ensure student participation in this activity.

Year 7 Camp 2025

Student Name: _____

Student Year: _____

Parent /Carer Phone Contact: _____

My child has a medical condition: **Yes** **No** My child carries an: **EpiPen** **Asthma Reliever**

I give / do not give permission for my child to receive emergency medical treatment.

Please list any medical conditions or medications required:

Outline any special dietary needs including possible reactions to inappropriate diet.

WATER ACTIVITIES PERMISSION
REQUIRED ONLY FOR EXCURSIONS THAT INVOLVE WATER OR SWIMMING ACTIVITIES:

This activity will take place at _____

In relation to the proposed water or swimming activities, I advise that my child is a:

strong swimmer
average swimmer
poor swimmer
non swimmer

I advise that my child requires the following floatation device to assist them in the water:

I undertake to provide this device so that my child can participate in excursion: **YES/NO**

I give/do not give permission for my child to participate in the water or swimming activities.

PARENT ONLINE PAYMENT (POP)
PREFERRED PAYMENT METHOD

Student Name: _____

Year: _____

Student Registration Number (SRN): _____

Activity: _____

Reference or Invoice Number: _____

Amount paid: _____

I have made an online payment:

My receipt number is _____

Year 7 Camp Preparation

Year 7 Swim Test - Important for Camp Preparation

Over the next two weeks, Year 7 teachers will be conducting swim tests during sport to prepare students for camp. This is a crucial part of ensuring the safety and wellbeing of all students during water-based activities. We understand swimming ability varies, and our goal is to make this a supportive and encouraging experience. Our staff will guide students through the process, helping them complete the test to the best of their ability. Thank you for your support in making sure your child is safe and confident in the water.

Notes will be handed out next week regarding the upcoming swim test.

HT WELLBEING

Corey Ryan

Year 7 Camp Gear List 2025

Think light, easy and something warm for the night time

- Recess & Lunch (Wednesday)
- Tent (can share with friends) or Swag
- Sleeping Bag
- Sleeping Mat
- Head Torch / Torch
- Appropriate Clothing (No Singlets)
- Underwear
- Jumper + Long Pants
- Rain Jacket
- Toiletries (yes, that means a toothbrush)
- Water Bottle (labelled)
- Camera (No Phone Policy)
- Towel x 2 (Beach & Shower)
- Hat
- Suncream
- Plastic Bag (to take wet/dirty clothes home)
- Swimmers / Boardshorts and Rash Shirt
- Enclosed Shoes
- Thongs
- Roll On Insect Repellent
- Spoon & Fork
- Bowl, Plate & Cup