



VINCENTIA VIBE - THE VOICE OF OUR SCHOOL Term 4 Wk 7A 21/11/13

Survivor Walk 2013

39 students departed Vincentia High School at 9am and headed for Point Perpendicular for the 2013 survival walk. First stop was at Beecroft Weapons Range for an induction session. The students learnt of the dangers of UXO's, various creatures with the potential of causing harm and the perilous nature of 90m cliffs.

Students took a group photo overlooking the Bay and tracking the 47km route to be undertaken over the next two and a half days. With the finish line in sight, the group then headed in the opposite direction, commencing the hike at 'Little Target' access track. Following this easy, winding track for 3km led to a steep rock descent to the coastline and a rock scramble toward Target Beach. Packs all of a sudden became much heavier and footholds became precarious on the jagged rocks. The students handled the conditions well with just a few minor scrapes and sprains. Locating the track to Honeymoon proved a puzzle for some students who headed off on a one hour detour away from the beach before heading back to pick up the correct track. Lunch and a swim at Honeymoon Bay was enjoyed by all, then it was packs on and heading north toward Carama Inlet.

This section of the hike proved testing for many students. Constant rock scrambles, long sloping beaches, mangrove swamps and overhanging trees kept concentration levels high. Students with proper footwear held up best, with one student leaving his mark turning a rock pool a deep red colour after coming off second best in a tangle with a sharp stick.

High tide was quickly arriving and the need to reach Carama Inlet heightened. A brief afternoon tea stop at Green Island saw the finish line at Red Rock in sight. At Carama Inlet, the tide had risen significantly and students were forced don swimmers and hoist packs over their heads as they waded through the chest deep water. More concerning to some was the dense vegetation underfoot and the equally disconcerting movement of creatures around and under feet while half way through the creek.



YOUR SCHOOL CONTACTS

S Glenday	Principal
P Hogan	Deputy Principal Ganya Garindja, Gumbari & Support Units
G Brady	Deputy Principal Stage 4 (Yrs 7 & 8)
M Meehan	Head Teacher Teaching & Learning Stage 4
F Bachmann	Deputy Principal Stage 5 (Yrs 9 & 10) (Rel)
P Greylung	Head Teacher Teaching & Learning Stage 5
P Taylor	Deputy Principal Stage 6 (Yrs 11 & 12)
F Loupos	Head Teacher Teaching & Learning Stage 6
J Oxley	School Administration Manager
W Bruffey	Head Teacher Admin (Rel)
R Gilbert	Head Teacher English
G Smith	Head Teacher Mathematics
M Reid	Head Teacher Science (Rel)
L Ryder	Head Teacher CAPA
S Corbett	Head Teacher HSIE
J Wright	Head Teacher PDHPE (Rel)
A Newton	Head Teacher TAS
P Raftery	Sports Co-ordinator
S Clark	Head Teacher Support
J Scott	Head Teacher Gumbari Unit
A Glenday	Head Teacher Wellbeing Learning Support
K Lane	Head Teacher Ganya Garindja Unit

LEADERSHIP AND SOCIAL ENGAGEMENT CONTACTS

G Keogh & L Sweirena	Year 7 Adviser
J Powter	Year 8 Adviser
M Tebbitt	Year 9 Adviser
P Raftery	Year 10 Adviser
S Brunswick	Year 11 Adviser
A Newton	Year 12 Adviser

TERM DATES:

Term 4 - 8th October to 18th December 2013

Term 1 2014 - 28th January to 11 April 2014

The school day starts at 8.15am and finishes at 2.21pm.

Parents and students are requested not to use the staff car park - this is dangerous and causes congestion



Students showed their group dynamics as they assisted each other across the creek. Some students returning several times until all gear was safely across the deep water, apart from some boots and other items that shall remain part of the inlet. Bombing then resumed on the Weapons Range.

Just prior to arriving at camp, the students were set small group initiative tasks. While fatigue played a major role in its successful completion, the students took to the task with gusto, even sprinting into the bush in one burst of energy. The winning team was rewarded with some energy drinks to prepare them for the day ahead.

Camp 1 was at Red Rock. As with Year 7 camp, tents proved rather a puzzle for some students, but before long, everyone was settled in and cooking up a storm on their trangias and other portable stoves. Several students enjoyed a refreshing swim and recounted the days events until well into the night.

Day 2, the numbers were down to 35. With a trek of 25km ahead students rose early, very early and after a nutritious breakfast, headed off toward Callala. First stop was at Callala Bay boat ramp where the group caught up with sailors from Special Ed. One student liked the look of the school bus and numbers were down to 34.

After rounding the corner at Callala Bay, Huskisson was in sight and the long barefoot trek along Callala Beach undertaken. Blisters were given a soak and feet a sand massage before boarding the Huskisson Ferry to wharf. One student liked the look of a cafe lunch and departed the hike. 33 left. Lunch at White Sands Park was enjoyed with the luxury of soft green grass. One student succumbed to a hideous blister, to be taken ahead and rejoined the group at camp. 32 left.

Next stop was Plantation Point for afternoon tea following the White Sands path from Huskisson. The path was then followed along Nelsons, Blenheim, Greenfields and Chinamans Beach. At Hyams Beach, one student who had soldiered along with a twisted ankle was transported to camp with student support. This left 30 students to walk the whitest sand in the world toward HMAS Creswell.

The group passed through Creswell without incident and hiked the last kilometre along Captains Beach to the campsite at Greenpatch. Several students enjoyed walking so much they passed by the camp and continued hiking toward Bristol Pt. Before long however, all students had arrived after enduring 25km for the day, set up camp and began cooking their nutritious meals. A warm shower, fire and a game of cards rounded off the evening.

The final day began with a brief shower of rain before the group headed off toward Murrays Beach. Passing by Bristol Point, Scottish Rocks, Hole in the Wall and finally Murrays Boat Ramp. Several students were approaching a pain threshold but continue walking without complaint.

Finally, Survivor Walk 2013 completed their hike at Murrays Beach, with one last brief pack-free stroll to Governors Head and a final photo with 33 remaining students.

Congratulations to all students who began, attempted and completed the Survivor Walk. A new untested format was in place this year, and students rose magnificently to the challenge. Having to pack and plan for themselves gave them an opportunity to be independent and rely solely on their own devices to manage themselves for 3 days and 47.5km.

Thank you to Ms Warren and Mr Wright who accompanied the hike adding their expertise and compassion. Thanks to support driver Mr Nelmes for his Wednesday night special delivery. I encourage all students to move out of their comfort zone and push your body. To keep going when you feel like giving up, and to have the end in sight along the way.

Finally, students will remember this hike forever. Each time they look across the Bay, they will recall their struggles and sense of achievement. Remember that each journey begins one step at a time.

Mr P Raftery





Relaxing time on the
Survivor Walk

A
fantastic
achievement!



Australia Indonesia Youth Exchange Program

visit to
Vincentia
High School



The Australia Indonesia Youth Exchange Program (AIYEP) is a Commonwealth Government initiative funded by the Australia-Indonesia Institute in the Department of Foreign Affairs and Trade, and by DFAT's Australian Aid Program.

On Monday 18th November, all Year 8, 9, 10 & 11 Indonesian students were given the opportunity to be involved in this program. 18 friendly, energetic Indonesian University students performed the cultural dances of their home islands from Sumatera, Kalimantan, Java, Papua, Bali and Sulawesi. With the assistance of a group of dedicated Year 10 Hospitality students and Ms Boyce, the group was also treated to an Indonesian feast on

the seating in the Year 7 area. The theme of the day was 'Menemukan Teman-Teman Baru' which means To Make New Friends. This was a great success with many photos, Facebook adds and email exchanges being made amongst the students. This is the first time a group of Indonesian students have visited VHS and it gave all students a chance to speak in Indonesian with native Indonesian speakers - an essential skill in the development of Indonesian Literacy skills. We look forward to continuing this relationship and having these groups visit again in the future to strengthen our understanding of Indonesia.

Kerri Edwards
Indonesian teacher





VHS students
and Indonesian
students
enjoyed the day
learning about
each others
culture's and
sharing a feast!



Celebrating our school spirit!



The values of
Vincentia High
School are
**Respect,
Responsibility
& Personal Best**

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Tickets have been **donated** to the school by
Integrity Real Estate
in recognition of our school values.

This weeks recipients are:

Adrian Ghilezan Year 7

For trying hard and working well at all times.

Megan Billingham Year 7

Always displaying a mature, dedicated attitude towards her studies.

Jayden Attard Year 7

Faced a personal fear and was able to participate in an activity, this is an excellent example of someone facing their fears and giving their personal best, taking responsibility for his actions/life and showing respect for himself and members of the community.

Shonayah Haworth Year 8

Being consistent and dedicated in class!

Lily O'Conner Year 9

Outstanding work in her theatre arts class

Sarah Kenny Year 10

For being the best 'hype' girl in the world and supporting would be triathletes on the weekend.

Isabella Westaholme Year 10

Since starting in Gumbari she has met all core and PBS respect, responsibility and personal best.

These values can be shown in many ways within the school community. It is these actions of our students we, as a school, are proud of and wish to acknowledge.

Each week a student/s from the school, in any year, will receive a FREE movie ticket to the Huskisson Theatre as recognition of their VHS spirit.

Congratulations to our winners!

WHAT'S HAPPENING AT VHS

Thursday 21st November 2013

- ☞ Sailing on Jervis Bay with Sailability NSW/ Callala Bay Sailing Club pd 1-4
- ☞ In2uni tutors for Maths/English during sport for yrs 11/12 in Library

Tuesday 26th November 2013

- ☞ Year 6 to 7 Parent/Teacher Meeting
- ☞ Vincentia High School 21st Birthday Assembly

Wednesday 27th November 2013

- ☞ Sydney Sailors with Disabilities Rushcutters

- ☞ Bay Mrs Clark all day
- ☞ Homework Centre Inc in2uni mentors/tutors 2.30pm

Thursday 28th November 2013

- ☞ Sailing on Jervis Bay with Sailability NSW/ Callala Bay Sailing Club pd 1-4
- ☞ In2uni tutors for Maths/English during sport for yrs 11/12 in Library
- ☞ Year 10 Celebration

Monday 2nd December 2013

- ☞ Year 10 Work Experience

Tuesday 3rd December 2013

- ☞ Year 10 Work Experience
- ☞ Djinggi Program VC in A9

Wednesday 4th December 2013

- ☞ Year 10 Work Experience
- ☞ VET Construction Brick Laying Course at VHS all day
- ☞ Homework Centre Inc in2uni mentors/tutors 2.30pm

Thursday 5th December 2013

- ☞ Year 10 Work Experience
- ☞ VET Construction Brick Laying Course at VHS all day
- ☞ Sailing on Jervis Bay with Sailability NSW/ Callala Bay Sailing Club pd 1-4
- ☞ In2uni tutors for Maths/English during sport for yrs 11/12 in Library

University of Wollongong

LEARNING LABS

LEARNING LABS is an academic enrichment program for students in years 7 to 10. We are offering workshops that cover a range of academic fields. The program will be held at the Wollongong Campus and each workshop will be developed and presented by University academics who are leaders in their field. Workshops will be innovative, challenging and aim to stimulate the interests of high achieving students. This is a wonderful opportunity for students to socialise with like minded peers within a university setting. We look forward to meeting you!

For students in Years 7 to 10 (curriculum is pitched at years 11/12)

- **When:** Thursday, 16 January - Friday, 17 January
- **Fee:** \$135 (may be waved for VHS students able to demonstrate financial hardship)
- **Time:** 9:30am - 4pm
- **Where:** University of Wollongong Campus

What to bring: food, drinks, hat, sunscreen and stationery supplies

More information can be found at <http://socialsciences.uow.edu.au/education/learninglabs/about/index.html>

Contact Miss Pastor for an application form

UNIVERSITY OF WOLLONGONG



Reminder to parents/ carers of Year 8 students.

The end of year Welfare Excursion is fast approaching. For your child to come and enjoy this great day out please get the permission note and money returned by the 22nd of November.

There will be NO exceptions and no special allowances for any notes or payments after this date.

Please try and get your child to join me, Mr Powter, and the other staff in enjoying the day out at Jamberoo.

Chickens

The Ag farm has some older hens (still laying) free to good homes

Please see Mr Cash



Sanctuary Point Public School



Expressions of Interest are called to fill the temporary position of **Aboriginal Education Officer (AEO)** at Sanctuary Point Public School for Term 1, 2014. The position will be full time and will be until the end of Term 1, 2014.

School Context

Sanctuary Point Public School has an enrolment of 496 students of which 86 are Aboriginal students.

Job Description

The **Aboriginal Education Officer** is responsible to the principal and works closely with teachers to develop culturally appropriate resources and programs. They promote Aboriginal education, encourage students, support parents and liaise with outside agencies. AEOs provide role models for Aboriginal students and have a positive impact on helping them achieve their potential.

Position Criteria

- Aboriginality*
- Ability to relate well to Aboriginal families, students and community members.
- Strong interpersonal and communication skills.
- Knowledge of the local Aboriginal community.
- Understanding of the needs of Aboriginal students.
- Ability to liaise with community agencies.

- *Aboriginality is a genuine occupational qualification and is authorised by section 14 of the Anti-Discrimination Act 1977. An Aboriginal person is a person of Aboriginal descent who identifies as such and is accepted by the Aboriginal community as an Aboriginal person.*

Expression of Interest applicants

- Interested applicants are invited to submit an Expression of Interest using the cover page template.
- The Expression of Interest must include contact details of two referees. One of the referees must be your current principal/supervisor, if applicable.
- In addition to referees, a written statement (no more than two pages) that demonstrates your skills and capacity to perform the job is required. **Address each of the position criterion.** Attach this statement to the Expression of Interest cover page.

CLOSING DATE: 29th November 2013 – 5pm

Applications to: Vicki Brumley
Assistant Principal
Sanctuary Point Public School
Contact: 44430546

Email address: sanctuarypt-p.school@det.nsw.edu.au

EXPRESSION OF INTEREST COVER PAGE

POSITION APPLIED FOR: Aboriginal Education Officer, Sanctuary Point Public School

NAME:	DET ID. NUMBER: (if applicable)
CURRENT POSITION (if applicable):	CURRENT POSITION LOCATION (if applicable):
HOME ADDRESS:	WORK PH: HOMEPH: MOBILE:
REFEREE 1	REFEREE 2
NAME: WORK PH: HOME PH: MOBILE:	NAME: WORK HOME PH: MOBILE:

In addition to the above information, applicants are required to submit claim for the position (no more than two pages)

Year 10 Celebration

will be held in The Vincentia High School Hall on Thursday November 28th 2013.

5.00pm - photos at Husky Wharf (Optional)

6.00pm - arrival for 6.30pm start.

10.00pm - Finish

Tickets \$40 still available - hand in at the door

Formal dress code

Food and drinks included

Year 10 Graduation will be held on Thursday December 12 at 10.30am

Students will receive their reports and recognition of formal accomplishments at Vincentia High School

Parents are welcome to attend.

Peter Raftery
Year 10 Adviser
Vincentia High School

Sailors with disABILITIES (SWD)

Sailors with disABILITIES is a Sydney based non-profit organisation that teaches sailing and yacht racing to children and adults the physical, intellectual, mental and financial disadvantages.

SWD has taken part in 16 Rolex Sydney to Hobart yacht races, winning its division in the tragic 1998 event. SWD founder David Pescud was at the helm then and in 2003 when the yacht Kayle set the world record for a non-stop, unassisted circumnavigation of Australia in 3 days 1 hour.

Our Year 12 student Grace Kennedy is a participant with Sailors with disABILITIES (see photos below).

Stay tuned for the launch of Face Boat, an initiative to raise money for Grace Kennedy's Sydney to Hobart Yacht Race campaign! Go to www.facebook.org Upload a photo. Make a donation. Join Grace and the crew on an adventure of a lifetime

faceboat
jump on board with us

WHY?
Every \$100 donated gives a child with a disability a sail of a lifetime!

WHERE?
www.facebook.org.au

faceboat is an initiative of SWD
Sailors with disABILITIES Inc. Trading as Sailors with disABILITIES Foundation Limited ABN 82 714 489 678
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COMMUNITY NEWS



Volunteer Positions Vacant

Shoalhaven Youth Reference Group

If you're 16-25 and want to make a difference for young people in the area this opportunity could be for you.

SYRG Members:

- keep our service youth-focused by giving feedback and input into **headspace Nowra**
- have the opportunity to help present workshops on mental health, healthy relationships and HSC Stress to high school students
- get trained in Youth Mental Health First Aid, and skills relevant to the role, including media skills, public speaking, photography and film, event planning etc.
- gain hands-on experience running meetings, representing a national organisation in the community and working as part of a team
- have heaps of fun and make lasting friendships

SYRG meets fortnightly throughout the year.

For more information call Warren on 4421 5388, email wjones@headspacenowra.org.au or visit www.headspace.org.au/headspace-centres/headspace-nowra



Skill Acquisition Program (Under 9/10/11 Boys & Girls)

Friday 15th November 6-8pm South Nowra Football Complex

Sunday 17th November 10am-12pm South Nowra Football Complex

Women Premier League 2 (Under

13/15/17/Reserves & 1st Team)

Sunday 17th November 2013 3-5pm South Nowra Football Complex

Tuesday 19th November 2013 6-8pm TBC South Nowra Football Complex

State League Men's (Under 16/18/20/1st Grade) & Regional Youth League (Under 12/13/14/15 Boys)

Sunday 24th November 10am-12pm South Nowra Football Complex

Tuesday 26th November 6-8pm South Nowra Football Complex

Friday 29th November 6-8pm South Nowra Football Complex

Sunday 1st December 10am-12pm South Nowra Football Complex

Navy and Army Careers Information Sessions

- **Army Careers Information Session - 28th November - Defence Force Recruiting 25 Atchison Street, Wollongong**

All sessions begin at 6:00 pm

Please send RSVPs to cptwollongong@dfr.com.au or call 02 4220 3303

The Lion King Autism Friendly Performance

Tickets to the autism-friendly performance of the landmark musical event THE LION KING are on sale today! Seats are limited. Disney, in association with Autism Awareness Australia, are thrilled to be bringing you this Australian first performance which will be held at 1pm on Saturday 14 June 2014 at the Capitol Theatre Sydney. This specially adapted performance will be suitable for people on the autism spectrum and their families, to see the award-winning production in a friendly and supportive environment. To book your tickets and plan your experience please visit www.lionkingautismfriendly.com.au

Wanted for Vincentia High School Technological and Applied Studies

If you can donate any of the following items please contact Brent Warner from TAS phone: 4441 6766 ext 129

- ★ Recycled Hardwoods for senior major projects.
- ★ Bricks and Blocks for bricklaying course week 9
- ★ Turning Timber for lathes
- ★ Recycled Roof Sheetings for Container Protection and Cabin Construction

Charity Santa Ride



5th December 2013

leaving from
Vincentia Public School
at
6pm

This year's Charity Santa Ride is fast approaching. It is a great family fun event and all in aid of raising funds for our local fires.

Last year we raised over \$8,000 and we hope to raise more this year.

More details and tickets can be purchased at www.santaride.com.au

Also people can join us on Facebook at www.facebook.com/santaride

If you would like any further information or have any questions please don't hesitate to give Able Walsh a call

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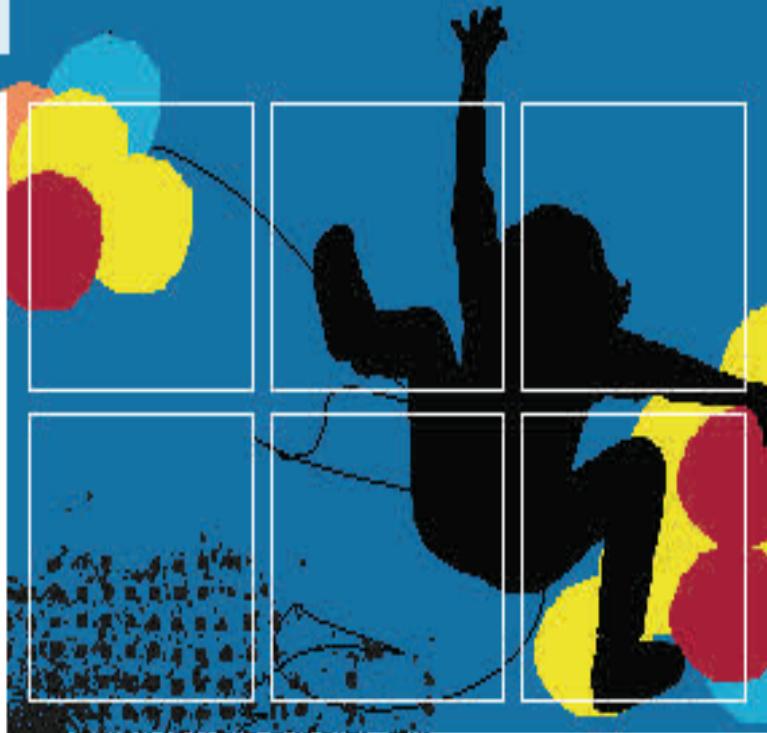
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