

VINCENTIA VIBE - THE VOICE OF OUR SCHOOL

Term 4 Wk 10B 11/12//2014

## Lady Denman Art Exhibition

Vincentia High, in partnership with Huskisson Primary School, exhibited recently at the Lady Denman 'Beautiful Flora Artworks'. The exhibition was a celebration of springtime. The students' artworks were showcased along with art from historic botanists from our local area.

Year 7 to 10 art students are to be congratulated for their interpretations of the theme 'Flowering Wonderfully' in photography, printmaking, drawing and painting forms. Well done from your teachers in the Art Department!





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# Commemorative



# Project

As part of the Centenary Commemorations of World War 1 Mrs Copeland, our Defence Mentor, in collaboration with Vincentia High School art students and their teachers participated in the Australian War Memorial's Commemorative Crosses Project.

The concept for this unique project originated in late 2010 when a group of individuals, based in Australia and Britain, sought to pay their respects to those Defence personnel who died overseas whilst on active service. As a tribute, small wooden crosses were placed on the graves of Australians who served on the battlefields in France and Belgium.

Our students decorated over 60 crosses and wrote personal messages of support and thanks. Over the next four years these crosses, plus 100,000 others, will be placed on the graves and memorials of Australian servicemen and women who served in France, Belgium, Malaysia, Singapore, Greece, South Africa, the Middle East and Turkey.



Special thanks to Ms Ryder, Mrs Hudman, Ms Roxby and Ashlea Tomkins.



# **Click go the shears**'

Mr Hogan gave the students at Vincentia High School a fantastic demonstration of Sheep Shearing last week.

The students watched him shear the Suffolks (black faced sheep) and Corriedales (white faced sheep).

They also learnt how to pick up the fleece and throw it on the table, skirt the fleece to remove the dags and stains and put the fleece in the bail to be pressed.





# YEAR 7 SAND SCULPTURE COMPETITION

Wednesday 17th December 2014-Last day of term.

All year 7 students will assemble in the CAPA quad at 8.30am to walk to Collingwood Beach with the CAPA staff for our inaugural Summer Sculpture Competition.

Students should wear suitable clothing including hats and sunscreen and bring buckets, spades and sculpture ideas as well as a drink and recess snacks. We will return to school for lunch. Prizes will be awarded for the most impressive creations!

## Ms Ryder, Head Teacher CAPA



8 December 2014

Vincentia High School P&C Association Attn: Cathy Andre 142 The Wool Road VINCENTIA NSW 2540



Empowering Individuals Enriching Community

#### Dear Cathy,

Re: Partnership with Vincentia High School and Kiama Community College Inc

Thank you for your recent email thanking us for the funding provided to Vincentia High School Students.

Firstly, let us say that it has been our absolute pleasure for our college to be able to support the wonderful students at Vincentia High School. It has also been a pleasure working alongside Fotis, Holly and the fantastic staff at Vincentia High School who are clearly dedicated to the future success of their students.

We also understand that sometimes due to your location, vocational training can be hard to access. We hope that by providing this type of training to students at Vincentia High School, your students are not disadvantaged in any way and are offered similar opportunities as students in metropolitan areas.

It is our sincere hope that we are able to continue this partnership with Vincentia High School well into the future.

Yours sincerely,

HC

Helen Zwicker Executive Officer Kiama Community College Inc

## WHAT'S HAPPENING AT VHS

#### Thursday 11/12/2014

- Source Yr 11 Hospitality Work Placement
- Sumbari School @ the Farm Streamside Drive Woollamia, Campbells Road Gerringong Mrs Scott pds 1-4
- Sailing on Jervis Bay with Sailability NSW/Callala Bay Sailing Club Mrs Clark pds1-4
- Gumbari Honeymoon Bay Camp Mrs Scott
- Surf Camp 2014 Various Local Surf locations in the Shoalhaven Mr Warner
- Source Tower Sydney Industry visit Ms Boyce all day

#### Friday 12/12/2014

- Gumbari School @ the Farm Streamside Drive Woollamia, Campbells Road Gerringong Mrs Scott pds 1-4
- Source State Contraction State Contraction Mrs Scott pds 3 6
- Sumbari Bushcare/Parkcare Regeneration Group Mr Ryan pds 4-6
- Se Yr 11 Hospitality Work Placement
- Surf Camp 2014 Various Local Surf locations in the Shoalhaven Mr Warner

#### Monday 15/12/2014

- Support MC3 Work and Community Experience Fire Station The Wool Road L Johnson pds 3-6
- Take Over Tathra MTB Tathra Mr Wright

#### Tuesday 16/12/2014

- APOLA Ocean Safety Surfer Award Collingwood Beach/Bay & Basin Leisure Centre Mr Mason pds 5-6
- Koori Radio Station and Basin FM G. Brown 5-6
- Solution Take Over Tathra MTB Tathra Mr Wright

#### Wednesday 17/12/2014

- Sumbari Mens Shed Program Sanctuary Point pds 5-6 Mr Mason
- Gumbari Booderoo Program Chillax/Booderee National Park Mr Asbury pds 5-6
- So Take Over Tathra MTB Tathra Mr Wright
- See LAST Day Term 4 Have a great Christmas

# Uniform Shop last day 2014

The last day for 2014 will be Monday, 15th December from 7.45am to 10.30am.

Thank you for your support throughout the year and the Uniform Shop staff wish you a very

# happy Christmas and New Year

The Uniform Shop will reopen

## Monday, 19th January, 2015 from 9am until 1.30pm.

### YOUR SCHOOL CONTACTS

S Glenday	Principal
P Hogan	Deputy Principal
	Ganya Garindja, Gumbari &
	Support Units
G Brady	Deputy Principal Stage 4
	(Yrs 7 & 8)
M Meehan	Head Teacher Teaching & Learning Stage 4
F Bachmann	Deputy Principal Stage 5
	(Yrs 9 & 10) (Rel)
P Greyling	Head Teacher Teaching & Learning Stage 5
P Taylor	Deputy Principal Stage 6
	(Yrs 11 & 12)
F Loupos	Head Teacher Teaching & Learning Stage 6
J Oxley	School Administration
	Manager
W Bruffey	Head Teacher Admin (Rel)
R Gilbert	Head Teacher English
G Smith	Head Teacher Mathematics
L Swierenga	Head Teacher Science (Rel)
L Ryder	Head Teacher CAPA
S Corbett	Head Teacher HSIE
J Wright	Head Teacher PDHPE (Rel)
A Newton	Head Teacher TAS
P Raftery	Sports Co-ordinator
S Clark	Head Teacher Support
J Scott	Head Teacher Gumbari Unit
A Glenday	Head Teacher Wellbeing
	Learning Support
K Lane	Head Teacher Ganya
	Garindja Unit
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## LEADERSHIP AND SOCIAL ENGAGEMENT CONTACTS

M Morris	Year 7 Adviser
G Keogh	Year 8 Adviser
J Powter	Year 9 Adviser
J Von Stieglitz	Year 10 Adviser
H Pastor	Year 10 Adviser
P Raftery	Year 11 Adviser
S Brunswick	Year 12 Adviser

## TERM DATES:

Term 4 2014 7th October - 19th December

Term 1 2015 27th January - 2015 Staff Development day 28th January - 2015 Years 7, 11, 12 29th January - 2015 Years 8, 9, 10

# Parents and students are requested not to use the staff car park

This is dangerous and causes congestion

# Variety Santa Fun Run for Schools Program 12th December, 2014

Funds raised through the Santa Fun Run Schools Program will help to provide practical equipment such as wheelchairs, walkers, standers and more for Aussie kids, enabling mobility, independence and self-esteem.

https://2014santafunrunforschools.everydayhero.com/au/vincentia-high-school





Santa Suits are available for purchase from the School Office for \$10



# Thursday 11<sup>th</sup> December, 2014 Vincentia Primary School to Husky Pub <u>6pm</u>





# Warning Cough Whooping



Dear Parent or Guardian and staff

20/11/2014

A child from the Vincentia High School has been diagnosed with pertussis (whooping cough). I am writing to provide advice and to ask that you watch out for the symptoms of pertussis in your child, especially over the next 3 weeks.

#### What is pertussis?

Pertussis is an infection of the respiratory tract that can cause bouts of coughing, sometimes breathing difficulties and vomiting. It can be a very serious infection in small children. The illness can last for many weeks. It usually starts with a snuffle or a cold.

What should people who are sick with pertussis do?

If your child or a family member develops symptoms, contact your family doctor as soon as possible and take this letter with you.

This is extremely important if there is a baby less than 12 months of age living in your household.

Your doctor can advise whether pertussis is likely and arrange for early treatment if needed. Treating people who have pertussis with antibiotics can stop the infection spreading, but is more effective if started early.

To help prevent this infection spreading, people who have been diagnosed with pertussis should not attend child care, school or work until they have completed the first 5 days of a course of the recommended antibiotics. If antibiotics cannot be taken, then they must stay away for 3 weeks after onset of the cough.

#### How is it prevented?

Vaccination is the most important way of reducing pertussis in our community. It is important to double check that your child is fully up to date with his or her immunisations against pertussis. If in doubt, please ask your doctor to check.

#### Need more information?

For more information, please see the Pertussis Factsheet, or call the Public Health Unit on 02 4221 6700 or visit the NSW Health www.health.nsw.gov.au

Yours Sincerely

#### Curtis Gregory

Wollongong PHU, Illawarra Shoalhaven LHD

Public Health Unit – Wollongong Office Illawarra Shoalhaven Local Health District ABN 16 323 767 470 Locked Bag 9, Wollongong, NW 2500 Tel (02) 4221 6700 Fax (02) 4221 6759

# **School Book Packs**

More packs have been ordered and will be available for purchase from 12 December, 2014. You can order one by contacting the school on 4441 6766 and asking for the school canteen. Price is \$35.

# Vincentia High School Mountain Bike Fundraiser Bunnings, Nowra Sunday, 14th December, 2014 from 7am to 6pm

# Husky Yoga Studio

Our resident Student Welfare Worker, Ali Taylor is a qualified Yoga Teacher and is teaching at the Husky Yoga Studio. Ali welcomes students to attend her classes, as well as adults and seniors. The cost for teens is \$10 per class or a 10 class pass can be purchased for \$90. Yoga benefits our bodies and minds, helping with feelings of stress, depression and anxiety, along with the physical benefits of strengthening and stretching the body. Yoga helps us to feel happy and healthy and provides important and much needed and deserved down time for people with busy lives and busy minds.

Like the Husky Yoga Studio on facebook for regular updates on classes and workshops . Also, check the website for regular updates to the timetable. Especially through the holidays when the studio will be running extra classes.

Merry Christmas and safe holidays from Ali and the Husky Yoga Studio.

# FOOD HAMPER APPEAL FOR THE SALVATION ARMY

Mrs Hudman is collecting donations of non perishable foods, and other items, to make up Christmas hampers for the Salvation Army to distribute to people in need in the Shoalhaven.

Examples of suitable items would be: cereal, tin fruit, long life milk, rice, pasta, biscuits, dishwashing/laundry liquid, body wash, hand cream, Christmas napkins, Bon-Bons, lollies, chips etc.

If you would like to contribute please send your items to school with your student or drop them at the front office by Friday 12 December.

Thank you.

# WHAT IS SOUP?



# A Dinner event 13th Dec. 5pm-8pm

Soup.... is a microgranting dinner where participants pay \$10 for soup, salad and a vote and hear from four presentations. Each presenter has an idea for a project that would improve their community in some way. Participants vote on the best idea and that presenter then brings their idea to fruition using the proceeds of the night. Cool idea huh! Help support it!

Phone Gemma on Interested? 4443 9244 for more info or bookings. \*Brought to you by Bay and Basin CommunityResources and funded by NSW Office of Communites SOUP is a YouthMoves Project\*

## Bomaderry Junior Rugby League Football Club Registration Day 2015

Saturday 31st January 2015

Bomaderry Sporting Complex 10.00am - 1.00pm. The club will be entering teams from the Under 6's - Under 17's and also the newly formed Girl's League Tag Teams 9 - 14 years of age. Register on line now for our Early Bird discounted special Go to <u>http://</u> swampies.leaguenet.com.au

Shorts, Socks and Training Shirt/ Singlet are included in Fees. For more information contact the President Steve on 0403591014.