

VINCENTIA VIBE - THE VOICE OF OUR SCHOOL

Term 2 Week 10 04/07/2019

#### Lectern designed for the Wreck Bay Community

When the Wreck Bay Community asked Vincentia High School to design and make a lectern for them, we jumped at the chance to engage students from Clontarf and our Metals and Engineering class to put their technology skills to practice!

Clontarf Academy students; Elijah Brown, Jye Kilpatrick, Blake Elson and James Thelander worked on the logo design and Year 11 & 12 VET Metals and Engineering class used the Plasma cutter to make the lectern. The design was based on Lauren Allen's, Year 12 Band 6 Design & Technology work from 2019.

Wreck Bay community members were presented their new lectern following our NAIDOC Day assembly on Tuesday 2 July at a special morning tea. George Brown thanked Mr Bates, Mr Newton, Mr Donohue, Clontarf and the students involved in the design of the lectern which he said will be used at the Wreck Bay NAIDOC celebrations next week.

Connecting with our community is very important at Vincentia High School and we are grateful for the opportunity to have worked on this project together. #NAIDOC2019 #ConnectingwithourCommunity









#### **Celebrating NAIDOC Week**

On Tuesday 2 July, we celebrated NAIDOC Week with a special assembly that honoured and recognised the outstanding achievements of our Aboriginal Students. **Kiana Ashby** delivered the Welcome to Country, Dhawarri Dancers as always, gave an enthusiastic performance, Blake and James spoke of the meaning behind Voice. Treaty. Truth - Let's work together for a shared future.

Mr Ken Bates in his Principal's Address spoke about the theme for this year's NAIDOC Week; Voice. Treaty. Truth. - the three key elements to the reforms set out in the <u>Uluru Statement from the Heart</u>. These reforms represent the unified position of First Nations Australians. The Indigenous voice of this country is over 65,000 plus years old. They are the first words spoken on this continent. Languages that passed down lore, culture and knowledge for over millennia. They are precious to our nation.

As it is the United Nations International Year of Indigenous Languages student Chris Brown and fellow classmates presented their poetry written in Dhurga and Jenna and Honey-Rose spoke about Indigenous Language.

Mrs Lane presented the 2019 Deadly Awards to students who were nominated by their class teachers for excellence in the classroom. Congratulations to Mitchell Jones, Hayden Brown, Julia Reimann, Ben Ebzery, Georgia Grundy, Jenna Langenegger, Yasmin Lingard, Andrew Van Oploo, Kiana Ashby and Elijah Brown.

The assembly concluded with a flag raising ceremony by Wreck Bay community members George Brown and Kaylene McLeod. Family and friends were invited to continue the celebrations in the common room for a delicious morning tea and the Wreck Bay Community were presented with a lectern that was designed and made by Clontarf students and the senior Metals and Engineering class.

Thank you to everyone who attended our NAIDOC Celebrations this week, we appreciate your support. This Friday 5 July concludes our NAIDOC celebrations with a careers expo in the hall at 10.45am – 1.00PM. Vincentia High School in partnership with the Wreck Bay Community Council and Booderee National Park are hosting the expo and students are encouraged to come meet with the guests and learn about potential employment, development and training opportunities for your future. We hope the expo will guide students on a career path that appeals to them.















# Wellbeing Program designed for Aboriginal girls

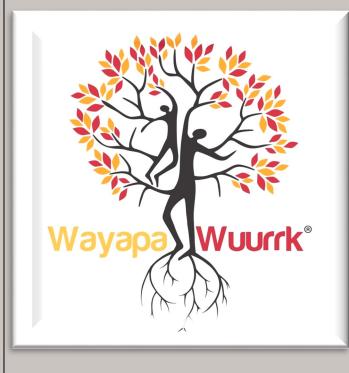
Vincentia High School offers a Wayapa Wuurrk Aboriginal Girls Program that is facilitated by Aunty Gai and Jaz Corr an accredited Wayapa Practitioner. Once a week Aboriginal girls have had the opportunity to focus on Aboriginal Wellbeing and Earth Connection Practice that combines earth mindfulness, narrative meditation and physical movement to create Earth Mind Body Spirit Wellbeing.

Wayapa Wuurrk is the new wellness practice that is 80,000 years-old that the whole of Australia is starting to talk about! Created by Uncle Jamie Marloo Thomas, Wayapa Wuurrk means "Connect to the Earth" in the languages of the GunaiKurnai and Gunditjmara People.

Wayapa Wuurrk is the only known Indigenous wellness practice certified by the International Institute for Complementary therapist (IICT) with almost 80 accredited Wayapa Practitioners across Australia delivering Wayapa workshops, courses and classes.

The Wayapa Wuurrk girls have immersed themselves in the environment that was selected by Aunty Gai and Aunty Janine sharing personal and cultural learnings. The girls have created a space where they share a guardian role connecting to Mother Nature. Wayapa Wuurrk is creating connections with nature to create new relationships, creating purpose and belonging.

"I have had the pleasure and honour of sharing Wayapa Wuurrk with the girls. Personally I have tried other modalities over the years like Yoga and Pilates and I so wanted to be that person that had a daily practice. For me when practicing other modalities I felt that I was honouring other cultures over my own, something for me was missing. Most other modalities focus on the just the Mind, Body and Spirit and neglect Mother Earth. Nature and country have played an important role in my life, my wellbeing and journey. Wayapa Wuurrk helps me connect to nature, culture and the elements daily. I have always stated that I wanted to give back to community after receiving the privilege of employment as a Visual Arts teacher at Vincentia High School and sharing Wayapa Wuurrk is a gift worth sharing". Jaz Corr





#### **Students shine on Performance Night**

On Thursday 27 June, Vincentia High School held their annual Performance Night which showcased incredible musical talent from students of all year groups. Ranging from jazz with awesome freestyle solos, to beautiful folk songs and a powerful rock performance! The talent on display was exceptional and was enjoyed by family, friends and past students. Congratulations to Mr Langford and Ms Horne for their incredible work organizing such an amazing performance night, and to all the performers who dazzled us with their endless talents.









### Elijah Brown won the VET Student of the year for the Shoalhaven!

On Thursday 27 June 2019, the Workplace Learning Excellence in Vocational Education and Training (VET) Awards took place at Bomaderry Bowling Club. Vincentia High School students received 6 awards including the top award; VET Student of the Year awarded to Elijah Brown. Students were nominated from all of the high schools in the Shoalhaven.

We are extremely proud of the following students who won the following awards;

Outstanding VET Student of the year - Elijah Brown

Information and Digital Technology, student of year - Sarah Ewers

Metal & Engineering, student of the year - Elijah Brown

Human services (Aged care) student of the year - Lucy Graham

Construction, highly commended - Tahlia Rodrigues

Hospitality, highly commended - Jayden Adams

Congratulations to all 11 students who were nominated for these awards, we celebrate your fantastic achievements.

VET offers the opportunity for students to gain a well-rounded, skills based, education as well as to establish links to a career. All industry sectors are dependent on encouraging young people to take up the training, education and employment pathways they offer, and school-based VET is integral to young people establishing these industry links. VET plays a vital role in building the region's skills base and in enhancing young people's transition to the workplace and a great future. These Awards celebrate excellence in skills development and encourage young people to perform at their best in their chosen VET course.





#### Ex-student, Daniel Fulginiti returns to do his practicum

Daniel was a student at VHS from 1994-1999 and is here for his TAS teaching prac for 4 weeks. Coming from an Italian family he has always had a love of food and cooking. Daniel remembers getting work in a Café to fund a school excursion that his year advisor Miss Smith organised to New Zealand, he enjoyed it so much that he took Hospitality for his HSC and came first in his year group. Daniel started his apprenticeship as a chef at the Nowra Steak House and won many state-wide competitions.

Daniel worked in Sydney for Celebrity Chef and also travelled back to New Zealand where the menu was always fresh produce driven. Coming back to VHS in this position has been fun, working with teachers who taught Daniel, like Ms Boyce and Mr Wor-thy! Daniel said: "there has been a lot of changes here, but it's still generally the same".

Changing his career to teaching has been a natural progression, his mother-in-law was a teacher and had encouraged him to join the teaching profession as she believed that he had a lot to give, with his years' of experience as a Chef. Daniel said that the school hours are also more suited to raising his young family.



## Year 8 Camp

Camp was such a fun and resourceful experience with so many fun games and activities such as laser tag, visiting the Sydney Powerhouse Museum, and eating a delicious buffet at Sydney Centrepoint Tower and the Australian National Museum and much more fun activities. All the walking tired us out by nightfall. At around 7.30pm we were provided with the most yummy of scrumptious dinners and great service from Cockatoo Island staff. The tents were scrubbed to the finest of service with very comfy beds. Thank you very much to staff who were very helpful and amazing on this journey. And thank you very much to Mr Dunn, Mr Volpatti and Mr Wright providing year 8 with this very amazing adventure. It was a great, amazing, fun adventure.

#### By: Jaymee-Lee Joines









#### Thank you to Share The Dignity

Vincentia High School had a #Pinkbox Dignity Vending Machine donated by Share the Dignity. It has been installed in the student toilet adjacent to the sick bay in the front office. The #Pinkbox, is a vending machine that dispenses a FREE pack of 6 tampons and 2 pads, allowing women and girls to discretely get the sanitary items that they need.

Share The Dignity are passionate about ensuring women and girls live a life of dignity and safety. They believe that access to pads and tampons is a right, not a privilege and that no woman should ever have to choose between eating and managing their period. No girl should ever miss a day of education because she can't afford sanitary items. Share The Dignity will continue to keep the vending machine stocked with free products for our students. Our heartfelt thanks goes to the local Share The Dignity team for supporting our school with this wonderful initiative.

https://www.sharethedignity.com.au/ #endperiodpoverty #sharethedignity







<u>Term 2, 2019</u>	SCHOOL	CONTACTS
	K Bates	Principal
Thursday 04/07/2019 Se NAIDOC Week	S Starkey	Deputy Principal
Pet Therapy & My Story Matters IRT St Georges Basin Yr 7-12 pds 1 to 4		(Years 7 & 10)
Mrs Whitehouse See Gumbari - Terara Farm visit	S Flanigan	Deputy Principal
Seambail Fordid Family Sol	o riangan	(Years 8 & 11 )
<ul> <li>Gumbari Shoalhaven Head Golf Crew</li> <li>Friday 05/07/2019</li> </ul>	K Newton	Deputy Principal (Rel)
Solution NAIDOC Week		(Years 9 & 12)
See Gumbari - Unicom Cheese Visit		H/T Senior School
Solution Sector Sect	S Clark	Deputy Principal
First Day Term 3 Staff Development Day no students	0 Oldrk	Support & Special Programs
Tuesday 23/07/2019 So All staff and students return to Term 3	T Johnson Warnecke	School Administration
		Manager
<ul> <li>Wednesday 24/07/2019</li> <li>Regional Netball CHS gala Day Shoalhaven Netball Complex Ms Amor</li> </ul>	M McNeil	Careers Advisor/VET
Thursday 25/07/2019	P Greyling	Head Teacher Teacher
<ul> <li>SRC Induction Assembly</li> <li>Pet Therapy &amp; My Story Matters IRT St Georges Basin Yr 7-12 pds 1 to 4</li> </ul>		and Learning
Mrs Whitehouse	M Swanson	Head Teacher Admin
<ul> <li>Gumbari - Terara Farm visit</li> <li>Gumbari Mural Painting</li> </ul>	O Hakka	Teachers
so 2019 HSC Chemistry Study Day Uni Of Wollongong all day Mrs Tabone	G Hobbs	Head Teacher Wellbeing
Friday 26/07/2019	G Brindley	Head Teacher Admin (Students)
n Gumbari Unicorn Cheese	J Holloway Fry	Head Teacher English
Monday 29/07/2019		(Rel)
<ul> <li>Wakakirri/Shoalhaven Entertainment Centre yr 7-10 all day Ms Nolan</li> <li>So</li> </ul>	J Still	Head Teacher Mathematics (Rel)
Tuesday 30/07/2019	K Tololeska	Head Teacher Science (Rel)
ശ∞ Wednesday 31/07/2019	L Ryder	Head Teacher CAPA
9×	E Salahi	Head Teacher HSIE
ç∞ Thursday 01/08/2019	A. Newton	Head Teacher TAS
Solution Australian Mathematic Competition in J Block at VHS all Years pds 1-2 Mrs	P Raftery	Head Teacher PDHPE
Still Pet Therapy & My Story Matters IRT St Georges Basin Yr 7-12 pds 1 to 4	M Amor	Head Teacher Sport
Mrs Whitehouse	M Goerlach	Head Teacher Support
<ul> <li>Gumbari - Terara Farm visit</li> <li>Gumbari Mural Painting</li> </ul>		(Rel)
Friday 02/08/2019	J Scott	Head Teacher Gumbari
<ul> <li>Gumbari - Unicorn Cheese Visit</li> <li>Regional Athletics Carnival</li> </ul>	T Smith	Head Teacher LaSP
Monday 05/08/2019 So Hunter Secondary Mountain Bike Championships Glenrock Mountain Bike	K Lane	Head Teacher Ganya Garindja
Park Newcastle Mr Wright Tuesday 06/08/2019	C Burnett	School Counsellor
Solution Hunter Secondary Mountain Bike Championships Glenrock Mountain Bike	K Rees	School Counsellor
Park Newcastle Mr Wright Wednesday 07/08/2019	G Brown	Aboriginal Education
<ul> <li>HSC Depth Study Museum of Disease University of NSW all day Ms Mack, Ms Tololeska</li> </ul>	C McIntyre	Officer Ganya Garindja SRC Coordinator