



Perfect weather for mountain bikers

We had 72 keen students participate in the ACT Mountain Bike Championships at Mt Stromlo this year. As the team arrived at race day the conversation revolved around what the weather would bring over the four hour format. To the relief of all competitors the sun shone and numerous layers of jackets were left at transition to make way for fast times and great results. Energised by noodles and choc chip cookies, the juniors and intermediate teams rode up Cockatoo Ridge and had plenty of spills and air riding back to transition down Old Duffy. Our college teams had a hefty ride up the mountain to provide spectacular views over Canberra followed by a speedy ride down many free flowing berms on the Lounge. A special mention to **Mia Kielly and Bridget Raftery** in Year 8 who stepped up to ride in the college girls team with Sage Triffett of Year 10 who displayed commitment to the team. The event also marked the end of an era for **Jeremy Head and Tilhaney Grainger** who after six years of riding reflected on the many memories created from racing in sleet, rain, wind sunshine with their teammates in a supportive and fun filled environment.

Congratulations to all our riders; being the largest school at the event and achieving the following great results:

Junior Girls: 1st Place **Libby Walters, Samantha Norton, Makelle Triffett**

Junior Girls 2nd Place : **Keira Watt, Jemma Bendall, Lola Snelling**

Intermediate Girls: 2nd Place: **Eva Mackay, Tili Snelling, Lilli Briggs, Eliana Macken**

Intermediate Boys : 1st Place : **Joel Walters, Seth Kingma, Duncan Wilson**

Intermediate Mixed : 2nd Place **Alyssa Head, Tom Brotherton, Henry Gray, Sam Lee**

College Mixed : 3rd place **Jeremy Head, Lily Wheeler, Tom Brotherton, Oliver Macken**

Thank you to our parents for their incredible support: Darryl Head, Holly Macken, Cath Brotherton, Craig Luckman, Eben Sternats, Cameron Bendall, Sharyn and Andrew Watt.

Thank you to Ms Boyce, Mr Snelling, Ms Smith and Miss Nolan who kept students motivated.

A special mention to Mr Wright for his time in organising this excursion and providing the opportunity for the students to participate at this event.





Seeking funds for further education or work options in 2020? Shoalhaven Education Fund Grants are now open

If you are 16 years of age or over and leaving high school this year and plan on going to TAFE or University, undertaking a course at an approved training college, taking up an apprenticeship or traineeship or starting entry level work but are facing financial difficulties consider applying for a Shoalhaven Education Fund grant.

Grants opened 29th July and close 31st December. Application forms and full grant details are available at www.cef.org.au/shoalhaven. Grants are a two-step process, a written on-line application and an interview. Interviews take place the second week in January and successful applicants notified before the end of January.

If TAFE or university is your choice it is not necessary to have received acceptance into your preferred course when applying. Changes to courses can be advised at interview.

Assistance is not based on academic record but 3 criteria applicants must meet

1. Have a financial need and be able to demonstrate that need
2. Have a realistic goal
3. Be committed to your goal

Full details and to lodge an application go to www.cef.org.au/shoalhaven



Jervis Bay Anglican Church Vincentia Donate \$1000 for our Students Mission Trip to Cambodia

Dr Michael Davey, on behalf of the Jervis Bay Anglican Church at Vincentia, making a \$1,000 donation for our student's mission trip to Cambodia. 'It's wonderful what your students are doing in travelling all the way to the Cambodia to help people in need. Well done Vincentia





IMPORTANT

NEWSFLASH

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Dear Parent/carer,

NDIS and Vincentia High School have entered into an agreement that will allow families to gain valuable assistance in managing their NDIS packages.

Commencing on Tuesday 27 August 2pm – 4pm in the front office meeting room, an NDIS Local Area Coordinator (LAC) will be available each Tuesday afternoon to meet with families to:

- Help manage existing NDIS packages
- Assist eligible families register for NDIS packages
- Answer queries from families wanting to find out about NDIS packages

To make an appointment please contact Julianna Hoy, NDIS LAC on 4253 6580.

For further information please contact Mrs Sandy Clark, Deputy Principal Learning, Support and Wellbeing on 4441 6766.

Ms Renee Gilbert

Principal (Relieving)
Vincentia High School

VINCENTIA CAREERS NEWSLETTER

Please visit the schools CAREERS WEBSITE <https://www.vincentiahighschoolcareers.com/> for fortnightly newsletter and information on:

- Careers Events
- White Card courses
- Working at Heights courses
- Rural Fire Services Training courses
- Year 12 UAC and University Dates and Requirements, including early entry, Schools Recommendation Schemes and Educational Access Schemes
- Community Activities and events
- Current Jobs
- TAFE Opportunities

Subject Selection – EVET opportunities

Any questions or information please contact Mrs McNeil

Vincentia High School

Careers Advisor - Maree.mcneil@det.nsw.edu.au

<https://www.vincentiahighschoolcareers.com/>



Healthy canteen accreditation

Congratulations to Mary and our canteen team for being awarded the NSW Health - Great Choice Healthy School Canteen accreditation. This means that our canteen now meets the revised healthy school canteen strategy - making the healthy choice the easy choice. The canteen ladies are beyond excited to have their oven installed and are looking forward to baking up a storm! They now have fresh baked muffins in banana, apple & blueberry or Cocoa priced at \$2, keep an eye out for more exciting flavours to come. The chicken breast and homemade meatballs are now oven baked and delicious. Freshly popped popcorn is only 50c as are mandarins!

Our canteen is open every day before school, recess and lunch. Lunch orders are welcome. The new menu is available on our website:

[Canteen List](#)



Term 3, 2019

Friday 20/09/2019

- ☞ Year 7 Gala Day various Location in Nowra Mr Ryan, Ms Amor, Mr Alcorn, Ms Nolan Ms Mack, Mr Duncan, Ms Starkey
- ☞ Yr 11 History, Physics and Agriculture Yearly Exams 8.30am - 11.00am
- ☞ Yr 11 VET Hospitality, English Extension Yearly exams 11.30am - 2.00pm

Monday 23/09/2019

- ☞ Yr 11 Chemistry and Design and Technology Yearly Exam 8.30am - 11.00am
- ☞ Year 11 society and Culture, VET Metals and Engineering and Visual Arts Yearly Exam 11.30am - 2.00pm

Tuesday 24/09/2019

- ☞ Year 11 Crossroads
- ☞ Yr 11 Ancient History , Business Studies, CAFS and PDHPE Yearly Exams 8.30am - 11.00am

Wednesday 25/09/2019

- ☞ Year 12 Car Wash
- ☞ Year 11 Life Ready Program, Husky Bowling Club

Thursday 26/09/2019

- ☞ Year 12 Breakfast & Graduation
- ☞ Local geographical Sites Vincentia
- ☞ Pet Therapy & My Story Matters IRT St Georges Basin Ms Whitehouse
- ☞ Livvi's Place Mollymook Support Mrs Whitehouse
- ☞ Gumbari Terara Farm
- ☞ Gumbari Painting Mural

Friday 27/09/2019

- ☞ Gumbari Unicorn Cheese
- ☞ Yr 11 Exam Catch Up Day
- ☞ Last Day Term 3

Monday 14/10/2019

- ☞ First day Term 4 - All staff and students

SCHOOL CONTACTS

R Gilbert	Principal (Relieving)
S Starkey	Deputy Principal (Years 7 & 10)
S Flanigan	Deputy Principal (Years 8 & 11)
K Newton	Deputy Principal (Rel) (Years 9 & 12) H/T Senior School
S Clark	Deputy Principal Support & Special Programs
T Johnson-Warnecke	School Administration Manager
M McNeil	Careers Advisor/VET
P Greyling	Head Teacher Teacher and Learning
M Swanson	Head Teacher Admin- Teachers
G Hobbs	Head Teacher Wellbeing
G Brindley	Head Teacher Admin- Students
J Holloway Fry	Head Teacher English (Rel)
J Still	Head Teacher Mathematics (Rel)
K Tololeska	Head Teacher Science (Rel)
L Ryder	Head Teacher CAPA
E Salahi	Head Teacher HSIE
A. Newton	Head Teacher TAS
P Raftery	Head Teacher PDHPE
M Amor	Head Teacher Sport
M Goerlach	Head Teacher Support (Rel)
T Mason	Head Teacher Gumbari (Rel)
T Smith	Head Teacher LASP
K Lane	Head Teacher Ganya Garindja
C Burnett	School Counsellor
K Rees	School Counsellor
G Brown	Aboriginal Education Officer Ganya Garindja
C McIntyre	SRC Coordinator